

JUNE 2012

the Hummm

free

Arts,
Entertainment
& Ideas

p.24 & 25



June's Events



mississippi mills
**BICYCLE
MONTH**

p.13

June is Bicycle Month!

p.5



Naismith Rides Again

p.4



Dragon's Breath



The Art of Molly Hartin p.3



Valley
DESIGN CO.
22 Lake Avenue East, Carleton Place
257-1197
www.valleydesignco.com



"You ever think how much less bother it would be just putting the briquettes in a bun?"

We'll Miss You, Pete

All of us at *theHumm* are extremely sad to announce the passing of our erstwhile columnist Pete Parsons. Readers may not recognize him by name, because he wrote only a few (hilarious and entirely off-the-wall) articles about food, under the pseudonyms "Pie Whole" and "Innit Yummyinmytummy". We're sure that if you read those articles, however, you remember his quirky and whimsical sense of humour (and hopefully you even tried some of his recipes). To read those articles and other musings by Pete, please visit his website at <wordthirst.com>.



Peter Ulrich Palm Parsons
1970-2012

Pete also supported *theHumm* and the community in Almonte in other ways. He was the "vocal silent partner" at Palms Coffee Shop, owned and operated by his partner in life Sally Parsons. Sally writes that Palms "would never have happened without the constant love and support Pete gave to me. Among all the numerous little things he did for Palms, he designed our website, helped bring Curry Fridays into existence, and was a member of Almonte's Chamber of Commerce. Pete relished his role of COGP (Chief Official Guinea Pig) of our product testing division (we came up with this acronym one night as an answer to the frequently asked question: "Well, if your wife is the owner, chef and baker, then what do you do?"). Pete believed that you are always capable of achieving more than you could possibly imagine and the only way to find out was to give it a shot, so we did and have never been happier."

Donations (as per Pete's wishes) can be made to the University of Ottawa Heart Institute at the Civic Hospital at <ottawaheart.ca>.



Who can it be, now?

Man at work, reading theHumm... None other than the legendary **Colin Hay** (all the way from the land down under) took time to pose with theHumm after playing an awesome concert in Ottawa last month. He seemed to think it was business as usual, but we could barely contain ourselves – we contemplated turning cartwheels but decided that would be overkill. (OK, in case you still need a hint, Colin was the lead singer of Men At Work).

Humble Thought

Music has to be recognized as an agent of social development in the highest sense because it transmits the highest values — solidarity, harmony, mutual compassion.

And it has the ability to unite an entire community, and to express sublime feelings.

— José Antonio Abreu, father of *El Sistema*, the publicly financed music education system in Venezuela

Readers Write

The Friendly Town

On Saturday morning, May 19th, I was driving up Mill Street heading for the Almonte Farmers' Market. The Bridge Street traffic light turned red, so I stopped. A light-coloured van or truck pulled up on my right. The male driver rolled down his window and called out to me, "You've lost your wheel cover, and it's now in front of the Bank of Montreal."

I acknowledged the driver's comment, the light turned green, and I proceeded on my way. Later on, I discovered my wheel cover propped up right outside the bank, just as the man had said.

I'd like to extend my thanks and appreciation to this person, who is unknown to me. What a heart-warming experience! It proves, once again, that Almonte is indeed "The Friendly Town".

All the best to my unknown benefactor.

— Maureen McVey

PO Box 1391
Almonte ON K0A 1A0
Phone: (613) 256-5081

Editor:

Kris Riendeau
editor@thehummm.com

Layout and Design:

Rob Riendeau
rob@thehummm.com

Advertising and Promotions:

Kris Riendeau
Phone: (613) 256-5081
kris@thehummm.com

Assistant Editor:

Rona Fraser
rona@thehummm.com

theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

Deadline

is the 22nd of the month prior to publication.

Subscriptions

cost \$35 (includes HST) for one year (12 issues). Send a cheque with your name and address to:

theHumm
PO Box 1391
Almonte ON K0A 1A0.

Opinions and information published in *theHumm* in letters, press releases, or individual columns do not necessarily reflect the opinion of this newspaper.

All writing, artwork, and photographs published in *theHumm* are copyright to the author, or to *theHumm* in the case where no author is specified. Reprinting any content without permission violates copyright and is prohibited (and despicable!).

Thanks this month to:

All of the local farmers working hard to bring us fresh produce, no matter what weird weather they have to deal with... And to all our columnists and contributors for making us so proud to present this month's issue!

Get Fresh with a Lanark County Farmers' Market!



www.LanarkLocalFlavour.ca

Almonte

Almonte Public Library parking lot
(beside the Beer Store)
Saturdays, May to Thanksgiving,
8:45 to Noon
www.almontefarmersmarket.ca

McDonalds Corners

MERA Schoolhouse
County Rd. 12 at Concession A
Saturdays, May to Thanksgiving,
9 to 1PM

Smiths Falls

RCAF Association Hall
44 Abbott St. N. (next to the fixed bridge)
Saturdays, May to October 13,
9 to 1PM
www.smithsfallfarmersmarket.com

Carleton Place

Market Square
corner of Beckwith and Lake Ave.
Saturdays, May to Thanksgiving,
8 to Noon
www.cpfm.ca

Perth

Tay Basin across from Town Hall
Saturdays, May to Thanksgiving,
8 to 1PM
Wednesdays, July & August, 2 to 6PM
www.perthfarmersmarket.ca

Union Hall

Corner of Tatlock and Wolfgrove Roads
Fridays, June 29 to October 5,
3:30 to 6:30PM

In June look for beans, peas, beets, salad greens, rhubarb, honey/syrup, and many fine tasty treats!

Molly Hartin — Cutting Loose

Today fibre art denotes an ever-growing body of artistic endeavour that ranges from traditional quilts and weavings to mixed media art collages containing elements of fibre. With its origins in the textiles, quilts

by Sally Hansen

and basketry of many ancient cultures, the genre started to make new inroads into formal artistic consciousness after WWII. By the 1970s and '80s an American revolution commenced that reconsidered fibre art in a broader cultural context. Artists and academics began to reexamine the works of past generations and the field exploded as exciting new possibilities were explored.

Rural fibre artist Molly Hartin has followed the same trajectory in pursuing her artistic evolution, progressing from traditional quilting to art quilting to fabric collages. About five years ago, after many successes as a quilter, Molly attended a workshop in Almonte presented by Kingston art quilter Pamela Allen. The workshop was artistically liberating and the timing was seminal for Molly.

Freed from the formal constraints of traditional quilting, Hartin found that "cutting loose" gave her a new creative power. By "drawing" with her scissors, she began to explore her inner child and gave herself permission to play. "These are early days for me," she enthuses, "this is what I intend to do."

Her fibre artworks are a magical expression of her passions and her struggles with and triumphs over personal loss and pain. Nature is a constant muse and source of inspiration and hope. The promise of each dawn and another spring give her the strength to endure, to heal and to create. Each

fibre piece reveals another aspect of the joys and sorrows she has experienced; each piece is another step in a personal healing and growth process.

When the Going Gets Tough, the Tough Get Sewing

Hartin and hardship are well acquainted. Molly's life changed forever when the first of her three children developed severe epilepsy at the age of two. Eleven years ago a relentless form of the condition ended Kaitlin Morris's life at the age of twenty. Molly will be forever grateful for the love and support that the entire community gave to Kaitlin and her family.

Six years ago Molly suffered debilitating soft tissue injuries in a traffic accident. This is the first spring she has been able to tend the gardens surrounding her Prospect area farm. Throughout her life Hartin has struggled with severe depression herself, and she has a close relationship with her mentally disabled brother. The name of her website — www.madragz.ca — is her acknowledgment of the connection between her mental health and the therapeutic value of her art. The creative power of expressing herself artistically provides the energy to combat the overwhelming despair she sometimes experiences. Fibre art has become an essential component of the patchwork quilt of Molly Hartin's wellbeing.

A Stitch in Time

Primal memories are indelibly stitched onto our brains by some wondrous confluence of sensory input and emotional context. Molly's first memories are of fabrics — the texture of the satin binding on her crib blanket and the comforting smell of her mother's nylon slip. When she was four years old she thought she had discovered how to make cloth by tying knots in string and creating "felt" from milkweed silk.

Growing up in the sleepy hamlet of Richmond where her parents practiced veterinary medicine, Molly's favourite pastime was being allowed to use her mother's sewing machine. Only after secretly practicing on her neighbour's machine was she able to convince her mother to allow her to sew with the electric foot pedal, thus commencing her life-long passion for sewing. By Grade 2, and without a pattern, she fashioned herself a pair of hip-hugger, bell-bottom pants, à la Sonny & Cher. In high school she was earning



money creating evening gowns for the women in Richmond, "because there was nothing else for a teenager to do."

Hartin completed a B.Ed., Honours Specialist in the Teaching of Home Economics at McGill University. She treasured the students at Sir Guy Carleton, A.Y. Jackson and South Carleton High Schools until her forced retirement. Fortunately she had taken up quilting years earlier when Kaitlin's sister had asked for a quilt for her birthday. Molly instinctively turned to her quilting as a recuperative strategy. She had become a member of the Almonte Quilters Guild and of the Almonte-based fibre group "Frayed Edges," and credits both with providing "wonderfully supportive and educational environments for me to express myself through my art quilts."

Since 2007 Hartin has amassed a number of quilting honours, winning an international competition in Houston, Texas, and twice garnering Winner and Judge's Choice at the Richmond Fair. Since becoming the Quilt Committee Chair, she has encouraged the expansion of the competition at the Richmond Fair to become one of the best in the province, showcasing both traditional and modern pieces.

Altering the Pattern

After her accident, Molly found she was unable to work long hours at the repetitive tasks of quilting. She discovered that the freedom of fibre art allowed her to diversify her tasks to better accommodate her physical limitations. She became adept at many new techniques such as painting, dyeing and screen printing on fabrics, and began incorporating custom digitized machine embroidery, hand stitching and free motion machine quilting into her compositions. "My soul needs to play," she explained as she showed me her whimsical forays into abstract fabric collage.

Soulplay in Almonte

Last year Hartin was very honoured to be invited to join the five other Eastern Ontario fibre artists comprising Soulplay. The group formed in 2008 to support and challenge each other as artists, and to exhibit their work collectively. Hartin greatly values the affirmation and inspiration she receives from her fellow members.

An excellent opportunity to update your appreciation of this evolving genre occurs on June 23 and 24 at the Soulplay Fibre Art Exhibition at the Almonte Old Town Hall located at 14 Bridge St. Better yet, meet Molly and her Soul mates at the vernissage from 2–4PM on Saturday, June 23. Visit soulplayart.com and madragz.ca for more reasons to see Molly Hartin's fibre art. You can reach her at mollyhartin@hotmail.com or by phone at 838–3174. Don't forget to clip and save her Trading Card for future reference!



Photos by Sally Hansen and Mario Cerroni

10th Annual Event

CHARITY DOG WASH & Fido Fun Fair

Saturday, June 16th
9:00 to 2:00

Fido Fun Fair begins 11:00

Event MC Hugh Colton will be Live on Location with Lake 88.1 and the Town & Country Chrysler Community Durango

In Support of LAWS
The Lanark Animal Welfare Society

KID'S GAMES with Prizes for Everyone!

WIN
Pet Treats, Pet Food, Gift Certificates & More!

Category #1
Longest Tail
Shortest Tail
Curliest Tail

Category #2
Smallest Dog
Largest Dog
Biggest Belly

Category #3
Best Trick
Look-A-Like
Best Talker

Grand Finale
Best Costume

106 Wilson St. West
Perth, Ontario
613.267.5409

Mon-Thurs 8am-8pm
Friday 8am-9pm
Sat 8am-6pm & Sun 9am-6pm

www.foodsmiths.com

Fresh Popcorn & Cold Drinks

Entry Forms Available at:
FOODSMITHS
In-Store & Online
LAWS Shelter
253 Glenview Rd, Smiths Falls
www.lanarkanimals.ca
 & locations throughout Lanark County

WHO Molly Hartin
 WHAT Fibre Artist
 WHERE 8629 Franktown Rd., Ashton, 838-3174
 <madragz.ca>, <soulplayart.com>,
 <mollyhartin@hotmail.com>
 WHEN June 23-24, Soulplay Fibre Art Exhibition, Almonte
 Old Town Hall, 14 Bridge St., Vernissage Sat., June
 23rd, from 2-4PM;
 Until July 1, Soulplay Fibre Art Exhibition, Arbor
 Gallery, Vankleek Hill, ON, <arborgallery.org>
 WHY "Creating fibre art heals and nourishes me; it lets
 me play."

ARTIST TRADING CARD

Dragon's Breath

When Marcus Magdalena brought his play *Memoirs of a Genderless Warrior* to Burnstown's Neat Café last November, it received rave reviews. This time around, he is giving the stage to other individuals with their own stories to tell in his new play entitled *Dragon's Breath*. It will be performed at the Almonte Old Town Hall on June 30, and at Trinity St. Andrews United Church in Renfrew on July 6 and 7, bookending that town's first ever Diversity Festival. The play will feature children, youth, adults and seniors, each telling the stories of their own individual life experiences.

Jasmine Command will play the central character in the play, and will be telling parts of her story. Since childhood, Jasmine has dealt with various forms of oppression, from racism and internalized issues from being adopted into a non-native family in rural Lanark County, to the challenges of being transgendered in a generally unwelcoming society, to her struggles with drugs and alcohol and being labeled an "addict."

While Jasmine says she has never encountered explicit transphobia, she has always sensed a subliminal message growing up in a rural community, telling her that being different from the societal norm somehow made her inherently flawed.

However, Jasmine and Marcus both make it very clear that this play will not simply be about oppression. It will follow the journey from oppression to empowerment, and discuss how both the struggles and triumphs of one's life are important parts of this journey.

"The struggles of growing as a person, and the difficulties of finding my place in society and being able to set roots and build a foundation," Jasmine says, is her personal story that will be told in the play.

Marcus describes *Dragon's Breath* as a "community play." Finding one's place within a community, he says, is an important aspect of the play. "We all live in a community, and how a person relates to that community is what this story is about."

And sharing one's story with the community is a healing process, Marcus and Jasmine explain. In fact, this notion is how the play was named "Dragon's Breath." In many cultures, the breath of a dragon is considered the alchemy of healing. This same concept is applied when individuals share their stories out loud, and through this they begin to heal. By speaking out about oppression and adversity, the shame that perpetuates a problem is silenced and the individual is empowered.

Giving those who are used to being silenced by society a chance to speak openly and honestly, and to have an audience applaud after they speak, is a liberating and supportive experience, says Jasmine. "It's important to have a sense of pride in who you are," she adds. "Living in shame or fear is ultimately extremely damaging to yourself."



The diverse cast of *Dragon's Breath* will perform at the Almonte Old Town Hall on June 30 and at Trinity St. Andrews United Church in Renfrew on July 6 and 7. The Renfrew shows will be part of that town's first-ever **Diversity Festival** on July 7.

Admirably, Jasmine says that fear of how others will perceive her after her intensely personal performance has never discouraged her. She is, instead, driven by her desire to bring to the forefront issues that have been ignored for too long.

"I'm not doing it for fame or for any other reason," she says. "I just have a strong feeling that it needs to be done and that I'm doing it for the greater good."

Audiences of all ages are encouraged to attend *Dragon's Breath*. However, some of the experiences shared will be of a mature nature, so parental discretion is also suggested.

Marcus says that a dream of his is to continue bringing performances like *Dragon's Breath* to the Valley in future years, as he feels there are many, many more stories to be told, but he'll need the support of the community.

To show your support and to hear the powerful stories of Jasmine and many others, you can purchase tickets by phoning 433-6955 or emailing <diversityfestivalinformation@gmail.com>.

The shows on June 30 (in Almonte) and July 6 (in Renfrew) start at 7PM, and the show on July 7 (also in Renfrew) begins at 4PM. Tickets are \$12, with all proceeds going to the Diversity Festival.

— *Kylie Kendall is theHumm's summer intern, and will be entering her second year in Carleton University's journalism program in the fall*

Need 'em... need 'em... got 'em...
 Clip and save the Artist Trading Card
 All the cool kids do it!

currentcentre.com
Healing Current Centre
 Acupuncture 613 257 2472
 Shiatsu
 Registered Massage Therapy
 Microlight Electro Acupuncture
 Addiction Therapy
Louise Freeman D.A.C. CST RMT

FERRARO ART WORKSHOPS
Intro to Pastel
 at the Pontiac School of the Arts: June 20-21
 at the Haliburton School of at the Arts: June 25-29
 at the Studio: September 17-18
Pastels-Intermediate
 at the Haliburton School of at the Arts: June 23-27
Ottawa Valley Sampler
 Guest potter Ileana Tierney will teach one day of pottery,
 Margaret then teaches one day each of drawing, pastel & acrylic.
 All inclusive price: \$260.00
 Tuesday July 3-Friday July 6
Children's Week-Long Art Workshop
 Monday July 9-Thursday July 13
 to register, or for more information: (613) 839-5241
 margferraro@xplornet.ca or www.ferraro-art.com

Hand Crafted
TRADITIONAL SHAKER FURNITURE
 Shaker furniture crafted locally by Graeme Fenwick since 1987. Our full line of furniture is crafted from solid Cherry and Birdseye Maple using traditional joinery techniques.

Simply Shaker.
 Since 1987
 613-253-5323
 207 Gore St. E.
 Perth, Ontario
 Check our website's SALE items!
www.simplyshaker.ca

14th Annual
Rideau Lakes
Studio and Garden
Tour
Saturday June 30
& Sunday July 1
 Come and explore the beautiful rural scenery, and discover a bit of history at the UNESCO World Heritage Rideau Canal while sharing in the artists' creativity, skills, and stories.
 For information:
 613-928-3041
rideaulakesstudioandgardentour.com

THE CLAYTONES

 FRIDAY
 JUNE 29
 at
 8pm
 CD RELEASE PARTY
 with a
 CASH BAR
UNION HALL, CLAYTON, ON
 (WOLFGROVE & TATLOCK)
 TICKETS AVAILABLE AT MILL STREET BOOKS
 613.256.9090

Naismith Was Colourblind?!?

Having lived in Almonte since the age of six, I learned early on that a major contribution to the world of sports was made by a fellow Almontian. But what no one told me (until now) was that inventing basketball was only one chapter in James Naismith's life. He was a preacher, a lecturer, did research on the effects of drugs and alcohol, was one of the first known physiotherapists, built houses, and went bankrupt several times — he was a master of many things, but finance wasn't one of them.

Last November, a play called *Naismith is Colourblind (And He Can't Drive)* was put on at the Almonte Old Town Hall, and it informed and surprised many locals. To the excitement of many who weren't able to see it the first time around, the play will return this June. I interviewed playwright Fern Martin about the return of her play, and found that her passion for all things Naismith has not diminished in the slightest.

"I think for me and for the cast, learning about Naismith has been a revelation," she says, "and that's the response we get from audiences too."

In fact, the response from audience members was so great that Fern decided to introduce Naismith's story to a whole new demographic: Puppets Up! A puppet show called *Happy Birthday, Jimmy* will feature puppets by Noreen Young, including Sir John A. McDonald, Queen Victoria and even Don Cherry. The puppets, along with Danny Albert and *theHumm's* own Kris Riendeau, will be planning a birthday party for Naismith. Much of the same information on Naismith's life will be presented, just in a very different way, Fern says.

Her keen interest in Naismith's life is perhaps why Fern was asked by the Almonte Community Coordinators (ACC, also known as The Hub) to bring *Naismith is Colourblind* back, in support of their newest local initiative. They are planning to bring palliative care service to Almonte, which Glenda Jones, president of the ACC, says was brought to the attention of the organization by long-time member Julia Thomas. Eventually, the organization would like to build an actual care facility in town, but they plan to start by training volunteers to provide compassionate, end-of-life care at home.

"You talk to people whose family member has died at home and, if they've had good care, it's been a wonderful experience," Glenda says. "So we want to make this process comfortable."

Once they have enough volunteers who are trained and confident, they will begin planning for a hospice to be built. This will be a few years down the road, Glenda says. "A hospice is as close to a home setting as you can get," she says. Care will be given by volunteers, physicians or even family members if preferred.

Mississippi Mills is in great need of such a facility, as the closest one is currently in Renfrew. This is too far for people to have to travel from Mississippi Mills to receive palliative care, Glenda



Three different actors (l-r, Johanes Stelzner, Ben Guthrie, and Mark Piper) play the part of the inventor of basketball in *Naismith Is Colourblind (And He Can't Drive)*. The play is being reprised on June 8 and 9 at the Almonte Old Town Hall as a fundraiser for The Hub's palliative care initiative.

says, and it makes it more difficult for family members to visit loved ones.

The ACC will soon begin looking for volunteers to be trained in palliative care. Starting in September, it is an intensive 36-hour course, which is quite a commitment, but a gratifying experience. Volunteers for this kind of care are people who have something to give back to the community, Glenda says.

The ACC is receiving funding from the Champlain Local Health Integration Network, but since there is a great cost involved in training, and there will be an even greater cost once building of the hospice starts, donations are graciously welcomed. To donate to the palliative care initiative, you can send a cheque to The Hub in Almonte.

Of course, you can also support the cause with a fun evening (or afternoon) out. To support a great local initiative, while having fun and learning something in the process, go see *Naismith is Colourblind* at the Almonte Old Town Hall on June 8 at 7:30PM, or June 9 for the 2PM matinee or the 7:30PM show. Tickets will be available in advance at Baker Bob's and the Pakenham General Store, or you can buy them at the door if they don't sell out.

— *Kylie Kendall is theHumm's summer intern, and will be entering her second year in Carleton University's journalism program in the fall*



We're having a

BIG SALE

on all

ROYAL ROBBINS

25% OFF

Great summer styles.



Men's and Women's special delivery

just arrived

30% Off great finds!

* Selected items

New Summer Hours:

Now open until 7PM on Thursday & Friday

Mon.-Wed. 10-5

Thurs. & Fri. 10-7

Sat. 10-5

Sun. 11-4



14 MILL STREET
ALMONTE

613.461.2000
vamosoutdoors.ca

Almonte Landscape Services

**Your Garden,
Your World!**

Creative ideas and artistic results

Offering all services
in residential landscaping

Woodwork, Interlok, natural settings, aquatic.

All artistic and creative.

Low maintenance if desired!

Allan W. Goddard B.Sc, O.D.H.
Horticultural Biologist
Certified in Horticultural Therapy
Landscape Consultant

613 256-4444

Treat your Dad for Father's Day to the **ZEN FOR MEN** line of shaving sets, lotions, bodywashes and reed diffusers.

Made in B.C. from essential oils and all natural ingredients.



42 Mill Street, Almonte ♦ www.soulscents.ca ♦ 1-800-347-0651



Steve Strongman plays The Cove on June 24

Acoustic Blues Return to Westport

Choose The Blues Productions, producer of the successful Blues On The Rideau Series, is pleased to announce that the **Acoustic Blue Sunday** dinner and show fundraiser series is returning to the Cove Inn in Westport for a second season this summer.

The series features some of Canada's best acoustic blues artists (solos, duos, trios) — all of whom are nominees and/or winners of Juno and Maple Blues Awards. There will be six shows this season, starting on June 24 and ending on September 9. All shows run from 6 to 10PM and take place in the cozy, intimate setting of The Cove's dining room — a perfect venue in which to enjoy great "sit and listen" music. Dinner and the show is only \$45 per person, with proceeds going to help support the many excellent festivals and arts tours that take place in Westport during the spring, summer and fall.

The 2012 line-up includes **Steve Strongman** on June 24 (with proceeds to the Westport Lions Club Canada Day celebrations), **Danny Brooks** on July 8 (proceeds to the Dandelion Gardens Studio Tour), **Harrison Kennedy** on July 22 (proceeds to the Westport Heritage Festival), **Paul Reddick with the Weber Brothers** on August 12 (proceeds to MUSICwestport and the Westport Arts Council), **Michael Jerome Browne with John McColgan** on August 26 (proceeds to the Rideau Valley Art Festival), and **Treasa Levasseur with David Baxter** on September 9 (proceeds to the Fall Colours Studio Tour).

Last year's shows all sold out, so early bookings are recommended. Advance reservations should be made at 1-888-COVE-INN or 273-3636. For more information, please visit <coveinn.com> and <choosetheblues.ca>.

So You Think You Can Slam? A First-Time Slammer Tells All

It's LiPS poetry slam night in Carleton Place. I take a seat, while all around me there are friendly greetings, hugs, and encouragement as people arrive; old friends and new faces are welcomed. There's an interesting cross-section of generations and backgrounds in the room, all anticipating a night of well-crafted words and diverse outlooks shared in a fellowship of self-expression. But tonight's slam is different. Tonight, I slam for the first time, which accounts for the anxiety clenching my stomach and the fine sweat running down my back. I've wanted to try it, but fear of sounding foolish, or worse, unpoetic, taunted me. Finally, I have gathered my thin courage. "Just do it once," I told myself. "Be brave." So here I am, name on the list, waiting to be called and physically holding on to the seat of my chair to keep from bolting like the coward I am.

Minutes later, the relaxed atmosphere becomes more charged as the slam gets underway and the MC begins calling up the spoken-word artists whose names are on tonight's roster. Names are drawn one at a time from a funky old hat, so no one knows when their moment will come, until it's upon them. As each poet is called they make their way to the front where, for the next three minutes (more or less), they will perform an original piece of work. A ritual shout of "raise it" from the crowd enthusiastically welcomes each to the stage. Their styles differ dramatically, spitting lines that are flowing, hesitant, rhythmic, rhyming or not, rapid-fire, romantic, irreverent, funny or furious, and real. The crowd listens with rapt attention, reacting with appreciation when the words catch fire.

Then my name is drawn. A cold wave of panic washes through my veins, erasing hours of memorizing and preparation. So, voice squeaky and stumbling a bit, I read my poem. Part way through my piece I gain a bit of confidence when I realize that I'm not going to pass out, or be struck mute onstage for the sin of putting myself out there. I finish with a volley of rhymes, and I'm done. Returning to my seat, I barely hear the applause and enthusiastic encouragement for the first-timer. My

sigh of relief, and pounding heart, drown out the scores being read. It doesn't matter. "It's not about the points, it's about the poetry." I did it.

As my heart slows to its normal rhythm, I watch while other poets follow me on the stage. I muse that they should all thank me for making them sound so much better in comparison. The night moves on and, to my surprise, no one is asking me to leave. I know I could do better. A lot better. And I will, if not in tonight's second round, then at the next slam. I'm a spoken word poet now. This is what I do.

Every slam is different and each poet works out their own style and delivery, influenced by everything from 50 Cent to Maya Angelou or Robert Frost. Talented poets use words to paint images on the inside of the listener's brain, draw from their emotional well, and help them see things from new perspectives. This is a competition of sorts, but primarily a sharing of passions, inner fears and outer limits.

Names are drawn one at a time from a funky old hat, so no one knows when their moment will come, until it's upon them.

Every slam scene is different, and the LiPS collective (Live Poets Society) of Lanark County brings both urban-based influences and rural perspectives to the stage as the only rural team to compete in the Canadian Festival of Spoken Word (CFSW). Which brings me back to the competitive slams that have been held monthly in Perth and Carleton Place (alternating venues), over the 2011/12 season. The best poets from these qualifying slams will be competing in the **2012 LiPS Slam Finals** in Perth on June 23. Beginning at 7PM at McMartin House (125 Gore Street), every poet will be pulling out their best lines and rhymes, hoping to win a place on the LiPS team to compete at the 2012 CFSW in Saskatoon. Gauntlets have been thrown down, hopes pinned, and all will be decided on June 23. Don't miss the drama and the words. Don't miss the hugs and the tears. If you do, you won't see finals for another whole year. Don't miss it!

— Inez Dekker

Spring Cleaning at Soul Scents!

**70% off
select items**

**So we can make room
for our new summer lines!
Starting now. While quantities last.**



SOUL SCENTS

42 Mill Street, Almonte ❖ www.soulscents.ca ❖ 1-800-347-0051

Sure LOOKS good! - Let's hope they got it from some reputable realtors!

Gilligallou Bird Inc.

Your backyard birder store
14 Mill Street, Heritage Court,
Almonte 613-461-7333
www.gilligalloubird.com

Celtfest Celebrates Ottawa Valley Traditions

Almonte Celtfest (July 6-8) is thrilled to have **The Elders** return as main stage headliners for this year's festival. Since forming in 1998, The Elders (from that Celtic hotbed, Kansas City, Missouri, but with original Irish connections) have set the Celtic-rock world internationally on its ear thanks to a mix of stories of Irish history, some traditional instrumentation fueled by creative energy and a superb stage presence, and a unique sound that "falls somewhere between Van Morrison and U2." The Elders have been called "One of the best, if not THE best Irish rock band in America." (Joe Farrell on Celtic Crossings, Hot Talk 1510AM.) Another reviewer states "Forget everything you think you know about Irish music. This isn't your father's version of *Danny Boy*, and you don't have to dance a jig to keep time to every tune. This, as The Elders like to say, is 'arse-kicking music from the heartland.'"

"People have a hard time putting us in a category," states Elders band member Steve Phillips. "It's got enough Irish to pass for Irish, but it's definitely rock 'n' roll and folk, too." Steve (guitar, mandolin, vocals) is joined onstage by Ian Byrne (vocals, percussion, whistle, flute), Norm Dahlor (bass, guitar, banjo, vocals), Brent Hoad (fiddle, mandolin, guitar, vocals), Joe Miquelon (accordion, keyboards), and Kian Byrne (drums, bass). Bill Cameron wrote in *theHumm* in July 2005 that "The Elders' up tempo, high-energy presentation of almost all original material has plenty to recommend it. Their songs are heavy on time-honoured themes... and they are clever and delivered with passion and fire."

Almonte Celtfest looks forward to The Elders headlining the main stage July 7 (Saturday night), and closing out of the festival on Sunday afternoon.

Celtfest begins on Friday night with music in area pubs and Saturday morning with **Celtfest College instrument workshops** (check almonteceltfest.com

for listings). Gemmill Park's main stage events start at 2PM Saturday with the opening ceremonies, and run continuously until dusk with The Barley Shakers, Les mots dits Anglais, Elly Squared, Cindy Thompson & Jake Butineau, Julie Fitzgerald & Friends, Brandy 'n' Port, and The Elders.

Celtfest Sunday begins at 10:30AM with an "everyone welcome" **Fiddle Mass** at Holy Name of Mary Catholic Church. The main stage festival commences at noon in Gemmill Park and extends to 6PM with the Monday Night Fiddlers, Triple Trouble, Dai Bassett, Celtic Cross Dancers, Neil McDaniel with Kyle Felhaver, Salty Dog, and The Elders closing off the weekend.

Downtown Almonte and Gemmill Park are about two blocks apart, and are wonderful settings for Celtfest 2012. The shops, pub, restaurants and Riverwalk are great complements to the activities in the park. The festival site features artisans, children's activities and an open "jam" session for all who bring instruments, as well as great food and beverages for all. Come and celebrate the "unofficial" kick-off to summer in the Ottawa Valley. For more info see almonteceltfest.com.



The Elders play Celtfest on July 7 and 8



Tevye's daughters fear the matchmaker: (l-r) Danielle Kubiseski, Brynn Sumner, Emily Waterston, Jamie Bentz, Maria Pecora

Fiddler on the Roof Hits the Arnprior Stage

Two Rivers Musical Productions brings Broadway favourite *Fiddler on the Roof* to the stage on June 7, 8 and 9 at Arnprior District High School. Even bigger than last year's popular production of *Annie*, this musical about a poor Jewish dairyman trying to hold on to his traditions features a multi-talented cast and crew from a dozen communities.

Heading up the stellar cast are veteran performers James Hrkach (Tevye) from Arnprior and Kirsten Carroll Somoza (Golde) from Buckham's Bay. The musical also showcases the talents of an amazing group of young singers and musicians from the area, including Tevye's five daughters (pictured) and gifted 14-year-old violinist Danny Albert from Carleton Place in the title role of Fiddler.

All shows begin at 7PM at the Arnprior District High School at 59 Ottawa Street. Tickets are available at the Arnprior Book Shop, the Ice Shack in Arnprior, and online at tworiversmusicals.ca

A GOOD OLD FASHIONED BARN DANCE

WITH SMOKEY ROSE

And Silent Auction To Benefit

The Lanark County Therapeutic Riding Program

SATURDAY, JUNE 23

6-7:30PM BBQ

7:30PM LET THE DANCING BEGIN!

Glengyle Farm, #2208 Hwy. 511
Between Balderson and Lanark

TICKETS ARE LIMITED
only \$10!



AVAILABLE AT:

Mill Street Books, Almonte
30 Bennett Street, Carleton Place
Shadowfax, Perth
Balderson Fine Foods

Ottawa Valley FAMILY HEALTH TEAM

OPEN HOUSE

Thursday, June 14, 2012

5:30 - 8:00PM

95 Spring Street, Almonte

Please join us to tour our new location, meet our physicians and interdisciplinary health professionals, and share refreshments

For further information, please visit www.ovfht.ca

WALK FOR WELLNESS

10AM—NOON
SATURDAY, JUNE 16TH

CARLETON PLACE COMMUNITY LABYRINTH
CORNER OF GEORGE & BAINES STREETS

A FREE EVENT — DONATIONS TO THE FOOD BANK WELCOME
CARLETONPLACECOMMUNITYLABYRINTH.BLOGSPOT.COM

Computer Service and Repair



- Application Installation
- Troubleshooting
- Virus Removal

Call Steve Fahie

613-316-2522

steve@mississippiphotographic.ca

Serving Almonte, Carleton Place, Carp, Kanata and area

Photographic Services Also Available - www.mississippiphotographic.ca

*We pick up
and deliver!*



Spring Local Foods Buffet Dinner

catered by Savoury Pursuits

June 27

Sittings at 6 and 7:30

\$29.95

per person

Call 613-256-0928

for reservations

3840 Old Almonte Road

www.herbgarden.on.ca

KANATA CIVIC ART GALLERY



KANATA CIVIC ART GALLERY

presents

ANYTHING GOES

A group show until June 25

CALL TO ALL YOUNG ARTISTS UP TO 12 YRS

*Pick up a postcard to create your own masterpiece
for display at a show in August.*

Drop off at the gallery by July 28, 2012

2500 Campeau Drive, Kanata

(613) 580-2424 x33341

Visit www.kanatagallery.ca for more information

The Perth Citizens' Band Summer Concert Schedule

Concerts take place every second Thursday
at the bandstand behind Town Hall in Stewart Park.
Free admission — please bring a lawn chair.

June 14 at 7:30PM

June 28 at 7:00PM

(Rotary Strawberry Social)

July 12 & 26 at 7:30PM

August 9 & 23 at 7:30PM

For more information call 257-8099

or visit www.perthband.ca.

Stewardship Council Urges Province to Discuss Solutions

Members of the Community Stewardship Council of Lanark County are asking provincial representatives to come to the table to discuss ways to maintain the successful Ontario Stewardship program.

The move comes after the provincial Liberal government's budget indicated the Ministry of Natural Resources would be developing "a new model to support stewardship delivery and partnerships. The new model will reorient ministry stewardship assistance away from direct staff support."

The Ontario Stewardship program was conceived in 1995 as a way to inform landowners about the value of an ecologically-friendly approach to land use in the areas of forestry, water, wetlands, wildlife and agriculture. There are 46 councils in Ontario, comprised of volunteers and stakeholders with wide-ranging experience, who partner with organizations and agencies to deliver community-based, environmentally sustainable projects that reflect MNR priorities. It is the only volunteer-based, government program that works directly with rural communities and landowners to liaise with government.

The councils are county-based and each has an MNR staff person assigned to them. Each council receives \$10,000 annually in seed money from MNR, which is used to leverage additional funding through grants and partnerships in support of local projects based on community priorities.

"If those paid staff positions are lost — if we lose our coordinators — then councils will dissolve," says Franziska von Rosen, Lanark County Stewardship Council chair. "The synergy between the paid coordinator and the volunteer council is what makes this a successful program."

Von Rosen says the coordinators are a crucial link between the ministry, volunteers and landowners. They handle many of the administrative duties, such as applying for funding, networking with other community groups and stakeholders, and providing information regarding policies and legislation.

"Many of the volunteers on the council are professionals who have businesses to run, or other full-time jobs," she says. "We are educators, scientists, farmers, foresters and naturalists, and we are there because we are devoted to environmental stewardship. Without a coordinator to provide vital, stable support and to maintain our vast network of contacts, we would be lost."

Stewardship councils raise, on average, \$5 for every dollar they receive from MNR, with some doing much more. "Our council raised more than \$94,000 in additional funds last year, not including in-kind support," von Rosen says. "This is happening with stewardship councils across the province, which adds up to much more than the \$4.4 million the province is anticipating saving by dropping the program."

The Lanark Stewardship Council works with farmers to

build fences to keep cattle out of streams, helps other community organizations to plant thousands of trees, assists with children's outdoor education programs, works with landowners to improve habitat for species at risk, and is involved with Lanark County's community forests. Its "Nature In Deed" web portal provides links to information about rural property-related questions. The council has helped to conduct BioBlitz events and has compiled related resources and a database for results. The council provided seed money for an educational video series on biodiversity called *Our Incredible World*, which is used in classrooms across Canada.

"The province is talking about forming new, more strategic, partnerships, and I can't understand why they wouldn't consider community stewardship councils to already be one of them," she says. "We want to meet with the premier and minister and work together to find a way to weather this period without jeopardizing a program that is a huge success story for the province. We want to be consulted."

Stewardship council supporters are encouraged to sign an online petition at gopetition.com/petitions/ontario-stewardship-councils-are-important-to-ontarians.html and to write letters to Premier Dalton McGuinty, Minister of Natural Resources Michael Gravelle, the opposition party leaders and their local MPPs.



If You Are...

- Moving
- Expecting a Baby
- Planning a Wedding
- Opening a New Business

Call

1-866-283-7583

We have
Gifts & Information
www.welcomewagon.ca



So much going on at Equator in June... better mark your calendars!

- » June 1: Check out our BRAND NEW WEBSITE!
- » June 2: Artist Vernissage
- » June 9: "Meet the Farmer" - Hear from Leocadio Juracan, a member of our partner coffee co-op in Guatemala
- » June 16: Public Cupping Course - Learn about freshness, quality and how to make the perfect cup!

Visit Facebook or our NEW website (equator.ca) to learn more about these events and other Equator happenings!

Equator Cafe
Open Daily
451 Ottawa St., Almonte
613-256-5960 - www.equator.ca

ACOUSTIC BLUE SUNDAYS
THE COVE INN, WESTPORT



June 24
STEVE STRONGMAN

Proceeds to
Westport Lions Club
Canada Day Celebrations
DINNER & SHOW \$45
ADVANCE RESERVATIONS REQUIRED
1-888-COVE-INN

www.choosetheblues.ca

THE OTTAWA VALLEY MUSIC FESTIVAL



PRESENTS



Featuring
music by
Rossini,
Viadana,
Vecchi,
Roux and
Trépanier

3 pm
Sunday
June 17, 2012
Grace Lutheran Church
14 Bonnechere St. W.
Eganville, ON

Adults \$20 / Students \$10
(Free Admission
for Kids under 12)

TICKETS AVAILABLE AT THE DOOR,
at tickets@valleyfestival.ca
OR CALL 613-433-9457



www.valleyfestival.ca

BioBlitz at High Lonesome

On Thursday, June 14, the Mississippi Madawaska Land Trust Conservancy (MMLTC) is holding a BioBlitz at High Lonesome Nature Reserve.

High Lonesome, a 200-acre property located in the Pakenham hills, has recently been donated to the MMLTC by the late Barry Spicer. A network of trails through the forests, over the hills and streams, by the ponds and through the meadows has been developed and cared for by the donor's brother, Ken Spicer. Ken has documented many of the natural riches found there, shared them with the MMLTC, and encouraged the Land Trust to complete the work he began.



Come to High Lonesome Nature Reserve on June 14

What's a BioBlitz?

It is a one-day community event where volunteers and experts work together to develop an inventory of species (plants, animals, insects, etc.) found on the nature reserve. Part contest (how many species?), part social (joining old and new friends exploring the wilds) — it is a citizen science endeavour, which is both educational and fun. A wide range of experts have confirmed their participation, and Ken will be assisting that day with his in-depth knowledge of the property and its flora and fauna.

You are invited to come explore this beautiful property and help identify as many species as possible. Stay for a couple of hours or all day. Come as an expert or a budding naturalist. Just tag along or be a volunteer helper. There will be general nature walks led by experienced naturalists, including a 6AM early bird outing led by Cliff Bennett to see how many birds can be identified before the official kick-off at 9AM. The BioBlitz will wrap up around 4PM.

MMLTC has committed to conserve High Lonesome as a nature reserve in perpetuity, and the inventories of flora and fauna gathered during the BioBlitz will be used to develop the Baseline Documentation Report and Property Management Plan. But the BioBlitz will also serve to increase awareness of the value of preserving ecologically significant properties, not only for the long-term scientific benefits, but also for the human physical and mental benefits of exploring nature in its most natural state. MMLTC is grateful for support from Mountain Equipment Co-op towards the acquisition of High Lonesome, and for future signage on its trails.

Pre-registration is required for the BioBlitz. Please contact Susan Sentesy at admin@mmltc.ca or 267-4200 x3403.

For further information regarding this event, the High Lonesome Nature Reserve or the Mississippi Madawaska Land Trust Conservancy, please visit mmltc.ca or call 278-2939.

Swiss Answers to Canadian Issues

Snow-capped mountains, belled cows grazing on the slopes, and picturesque chalets decorated with flower boxes are all images that come to mind when people think of Switzerland. The Swiss have successfully linked farming and their landscape to provide a perfect image of this beautiful country.

The Community Stewardship Council of Lanark County and its partners, Lanark County Tourism and the Towns of Carleton Place and Mississippi Mills, will be hosting a presentation by Ulrich Lehner, the Swiss Ambassador to Canada, at the Carleton Place Town Hall on Wednesday, June 6, at 7PM. His Excellency will speak about this successful interplay of economic and cultural values and will describe how the Swiss have associated the

agriculture and tourism industries to promote this popular tourist destination.

"Many countries face similar issues of competition for limited resources and we believe learning what other countries have done right will allow us to solve some of our own issues," said Paul Egginton, a member of the Stewardship Council.

This is the second presentation in the Ambassador Speaker Series. The series began in 2010 as a way to explore the approaches used in other countries when facing issues that are of interest to landowners in our own community. Sometimes the approaches are quite different from what we see in Canada today. For more information, please visit lanarkstewardshipcouncil.ca.

PERTH Antique Show & Sale



ROYAL CANADIAN LEGION HALL

26 BECKWITH ST. E. PERTH, ONTARIO
AIR-CONDITIONED HALL AND OUTSIDE ALONG TAY CANAL

SAT. JULY 7 10:00 A.M. to 4:00 P.M. \$7.00
SUN. JULY 8 10:00 A.M. to 4:00 P.M. \$7.00

www.perthantiqueshow.com

FOR INFORMATION: BILL DOBSON (613) 283-5270



Come Volunteer with Us!

WANTED: Enthusiastic volunteers of all ages!

If you would like to join the Fair team or take part in one of our other events or committees, call 613-256-1819.

We would love to hear from you!

Learn more about the Almonte Fair at
www.almontefair.com

Humm Bits

Valley Voices

You've heard the four Canadian Tenors, but have you heard the four tenors who sing with the Valley Voices? When they sing *Evangeline* (from *The Princess and the Frog*) one fairly swoons — so tender, so beautiful. And the four basses aren't bad either.

The Valley Voices, a community choir based in Almonte, is holding its **Colours of Music** concert on Sunday, June 10, 7:30PM at the Almonte United Church, 106 Elgin Street.

Under the direction of Becky Schweizer, the twenty-member choir has a varied and fun repertoire including *Day-O*, *Mambo Italiano*, *Ghost Riders in the Sky* and the delightful *Chicago* medley. You might find yourself swooning again when the choir performs *Come Live with Me and Be My Love* — the beautiful poem written by Christopher Marlowe in the 1500s.

Tickets are \$7 in advance and \$10 at the door. Children under six are free.

Tickets are available from any choir member and at Baker Bob's. Proceeds will help fund the Mississippi Valley Textile Museum.

For more information please call Amanda Becking at 256-0134 or Fern Martin at 624-5104.

Big Book Sale... and Small Books too!

Art books, children's books, rare books, old magazines — you'll find all this and much more at the Almonte Library's big outdoor book sale. Comic books, collectible paperbacks, DVDs, talking books, vinyl records — everything will be for sale at incredible prices. Come early for the best selection on Saturday, June 2, starting at 10AM, at the Almonte Library, 155 High Street.

Country Roots Garden Tour

The Ottawa Botanical Garden Society presents the Country Roots Garden Tour on Sunday, June 3, from 10AM to 5PM, where you can visit three outstanding gardens in Fitzroy Harbour, Carp and Dunrobin. Pack a picnic lunch and dine in the gardens, take a leisurely stroll and don't forget the camera. Pottery and plants will be for sale in the Fitzroy garden.

Tickets are \$15 for members, \$20 for non-members, and can be purchased at <ottawagarden.ca/events> or at any garden on June 3. The Tour will go on rain or shine and is an OBGS fundraiser.

Squeaky Clean Paws for LAWS

Foodsmiths is proud to present the 10th annual **LAWS Charity Dog Wash** on Saturday, June 16, from 9AM to 2PM. Suggested donations are \$10 for a small dog and \$15 for a large dog, with \$5 for nail clipping. Event MC Hugh Colton will be live on location with Lake 88.1.

There is also a **Fido Fun Fair** starting at 11AM. The dog contest covers a range of categories, so don't worry if your Rover isn't a sleek-looking, well-behaved show dog. Perhaps he has the longest tail... or shortest. Or the biggest belly. Or is the best talker (finally his barking comes in handy). And of course there will be the much-loved look-alike dogs. Bring the kids too, for games, hot dogs and cold drinks.

All proceeds will be donated to LAWS. The Lanark Animal Welfare Society is always in need of support to help with the everyday expenses required to keep the shelter running and to care for the animals. This past year has been very difficult for the shelter and they hope this event will help bring much needed funds to the cause. It all takes place at Foodsmiths in Perth, at 106 Wilson Street West.

Funny You Should Write...

Make Me a Sandwich

An Advice Column For The Ill-Advised

Disclaimer: Please consult your allergist, medical professional, barista and mom before heeding any of the following advice. Got a question? Send Miss Write an email at <misswrite@thehummm.com>.

Dear Miss Write,

I've just bought my first home and I want to decorate it. I love colour, but I've been known to go a little crazy with it. Any tips to making my new place colourful without making it look like a romper room?

Rainbow Connection

by Emily Arbour

Dear Rainbow,

The real trick to using colour in your home is two-fold. First, use it in moderation. If you paint your walls a colour, it'll be much more difficult to use colour in your artwork, throw cushions, afghans and knickknacks (if you're into knickknacks). Paint your wall lime green and you'll have fun with colour for a day. Paint it a neutral and you'll have fun for years picking up items as you discover them on your travels.

The second rule of thumb in my books is all about choosing the right shades. What I mean by that is, there's red and there's red. There's "get me out of this hell hole" red and "cozy country home" red. So choose wisely. And maybe buy a sample size and paint a swatch before you commit to turning your dining room into the fiery bowels of the underworld. Not an easy colour to paint over, red. And, I don't know where I picked up this juicy little tidbit, but when you select colours that co-exist in nature, you really can't go wrong. Pick up an apple, a flower, a colourful fallen leaf and look closely at the colour palate. Those colours match. Mother Nature says so and she's never wrong. And neither am I.

Happy home owning!

Dear Miss Write

I'm having a mid-life crisis. What should I do?

Mid-Life Crazy

Dear M-L C,

The next time you have a particularly clear-headed moment, pull out a pen and a pad and write down a short list of the people and things that are important to you. Then write another list of things you enjoy doing, that offer you stress relief and that make you happy. Keep it simple. The next time you're in crisis mode, pull out that paper and read it over. I think remembering how you "really feel" in moments of anxiousness will help you focus on what are true feelings and what's just plain crazy talk and, in no time at all, you'll be back here on earth with the rest of us. Well, most of us.

Hang in there...

Dear Miss Write,

I know this paper goes all over, but I also know you live in Almonte. Tell me about the swinging social scene. Where can a guy (or girl) go to have fun around town?

Looking for Fun

Dear Looking,

Have you considered having a look at the happening social calendar on pages 24 and 25? That's a great place to start. Failing that, feel free to come to my place on a Saturday night. We'll be sitting in the backyard watching the baby monitor for blips.

Fun times...

Dear Miss Write,

Why is beef more popular than pork?

Don St. John

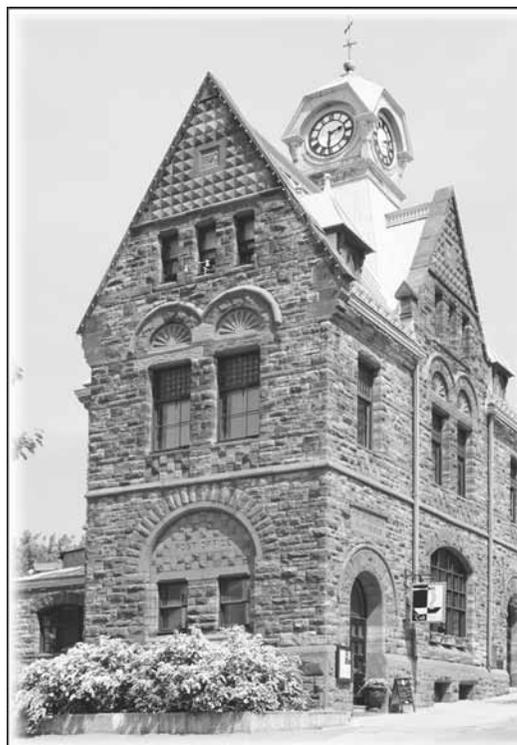
Dear Local Butcher,

It's simply more versatile. And by versatile I mean delicious.

Now stop sending me silly questions and make me a sandwich.

— *Emily Arbour is a freelance writer (among other things) who lives and works in Almonte. By no means is she an expert in anything but having an opinion and making things up. You can go ahead and take her advice, but you'd probably do just as well asking Don St. John to talk to you about the merits of veganism. Only difference is he doesn't have a column in this fine publication.*

SEND YOUR QUESTION TO MISS WRITE AT
MISSWRITE@THEHUMM.COM



Get away from
the hustle and bustle of
your busy schedule...
Make a trip to
our beautiful and historic
town of Almonte
where you can dine in our
wonderful Italian restaurant
situated downtown
in the Old Post Office!

73 Mill Street, Almonte
613.256.6098

"Quality in your Community"



Mike Doyle

Accounting for
Small & Large Business

Income Tax Services

(613) 256-9987

mike@mdoyle.ca
www.mdoyle.ca



A Few Final Thoughts

Last month, I spoke about “El Sistema” in Venezuela and the effects that it is having on that country. I’ll be concluding that article next month, but in the meantime I’m going to be taking time to reflect on the year that was, and maybe give you a glimpse into the life of a high school music teacher.

I love my job. There’s no other way to describe it. I have the privilege of working with young people

our various bands. I’d like to recognize all of my band members who did such a good job this year. I’d also like to thank parents and members of the community who came out to watch the show. I’m very proud to say that we had 550 people in the audience for our high school band concert. Yes, I did say 550 people! For young musicians, performing in front of such a large audience is an inspiration. This speaks volumes about the level of community support that our band program receives, and I am truly grateful.

by Tony Stuart

every day, and making music together. I can’t think of anything better. However, I didn’t always feel this way. Before this career started, I was a professional musician in the Canadian Armed Forces. I thought that I was set for the next twenty or thirty years, but the Liberal government of the day thought otherwise, and decimated the music branch in the 1994 budget. At first, I felt resentment and more than a little anger over having to “resort” to becoming a high school teacher, but in hind-

Although the year has been tremendously successful, this is also a bittersweet time, when I have to say goodbye to my band members who are graduating and moving on to the next chapter in their lives. As a music teacher, you work very closely with young people, and some of these students have been with me for six years. I have a tradition of treating my grade 12 students to dinner on the evening of the spring concert, and during this year’s dinner we shared many laughs and a few tears as well. I have watched these students grow from children into young



The Notre Dame senior concert band **The RetroActives** played a fabulous set at the Young Awards Gala this past May!
Thanks to Shawn De Salvo/DeSa Photography for the shot.

sight, being released from the military was the best thing that ever happened to me. Sometimes life takes us off the path a bit before we discover our true calling. You’ve probably seen *Mr. Holland’s Opus* with Richard Dreyfuss. That film really resonates with me.

It is now June, and another school year is coming to a close. When I think back on this year, I’m amazed by how much we accomplished. Our Senior Band took on a pile of fundraising initiatives, and managed to go down to Florida to perform at Disney. We brought along our wonderful Grade 9 Band, who also worked very hard at fundraising. We were off and running right away in September, and it feels like we’re only now nearing the finish line.

For many music teachers, the year is defined by concerts and other performances. In early October, we have Graduation, and have to try and whip the band into shape in an awful hurry. After that, it’s on to the Christmas concert in December. Next come the band tour and any music festivals that we might be participating in. Finally, it’s time for our annual spring concert. The year passes by like a whirlwind, and before you know it, students are heading off for summer break.

The spring concert represents the culmination of a year of hard work for all of

adults, and as much as I am thrilled that they are moving on to bigger and better things, I am sad to see them leave. During the dinner, I mentioned to them that because we work so closely together, they are like an extended family.

So, I would like to take this opportunity to say thank you and goodbye to my wonderful Grade 12 Senior Band students: Rebecca, Carolyn, Genevieve, Ceilidh, Emerald, Kaitlin, Michelle, Jessica, Chantal, Lindsay, Josh, Naren and Zach. You have all turned into amazing young adults, and I know that you are going to make quite a splash in the world in the next few years. I hope you have learned a few things from me, because I am a better teacher, and a better person, as a result of having been your music director. Please be sure to stay in touch as you continue your journeys.

Music is a very emotional thing. It brings out the best, and sometimes the worst, in people, but under the right circumstances can bring positive change to the world. Please support the young musicians in your community. The lessons that they learn from making music will last them a lifetime.

— Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.



JOIN US FOR FUN SUMMER OUTDOOR ADVENTURES!

Wildlife Watchers Summer Day Camps provide hands-on learning experiences for children ages 6-11 at the beautiful Mill of Kintail Conservation Area in Almonte.

Each day of camp runs on a specific theme related to the natural environment. Campers will have the opportunity to explore plants, wildlife, insects, habitats and water through a variety of games, activities, arts & crafts, songs, stories and so much more!

At Wildlife Watchers Summer Day Camp, children experience a nature immersion program, learning the language of nature appreciation, conservation and stewardship.

Camp A July 9-13
Camp B July 23-27
Camp C August 13-17
Camp D August 20-24

All camps run Monday to Friday, 9AM to 4PM
Ask about before and after care

To register please contact:
 Sarah O’Grady, Education Coordinator
 Phone: 613-256-3610 ext 1
 Email: sogrady@mvc.on.ca

NEW! Register and pay online at www.mvc.on.ca

Wildlife Watchers Day Camp
 at the Mill of Kintail Conservation Area




Celebrate the Goddess
 AN AFTERNOON OF FASHION
 PRESENTED BY THE WHITE LILLY AND SAJE WISDOM
 Saturday June 16th 2~4 pm



Tickets
\$25 in advance
\$30 at the door
 Available at
 Saje Wisdom Salon Spa, Appleton
 The White Lilly, Baker Bob’s and
 The Mississippi Valley Textile Museum




The White Lilly has enjoyed one year in business and Saje Wisdom 12 years. To celebrate these special anniversaries there will be a fashion show fundraiser held at the Mississippi Valley Textile Museum. Hors d’oeuvres by Foodies Fine Foods.



The Mississippi Valley Textile Museum is located at 3 Rosamond Street East, Almonte ON K0A 1A0.

Art That's Good for the Soul

Soulplay Presents... An Exhibition of Fibre Art

Five years ago, six local fibre artists met through Almonte quilting and fibre art circles. At that time they joined with others to create the piece "Tangled Garden Revisited", now a part of the permanent collection at the Mississippi Valley Textile Museum. They quickly recognized a shared vision of how they wanted their art to develop and, in 2008, officially united as **Soulplay**, with the goals of supporting and challenging each other

As artists, the members of Soulplay share a desire to bring their essential inspiration to the surface, and to capture it using materials such as fabric, silk fibre, paint and dye, and with techniques such as stitch and fusion. While united in their desire, their inspiration is very diverse. For Barbara Carroll it is the compassionate expression of human emotional experiences. For Sharon Collins it is an inner and innate response to life's daily moments embedded in the natural environment. The emotionally evocative nature of both people and their environment inspires

Hartin, while Jo-Ann Zorzi loves to expose the unseen details that lie beneath the surface of life.

Collectively, the members of Soulplay have exhibited locally at Read's Bookstore in Carleton Place, at the Mississippi Valley Textile Museum in Almonte, and are currently on display at the Arbor Gallery in Vankleek Hill (until July 1). As individuals, some members of Soulplay



Works by Pam Warren McKinnon (above) and many others will be on display at this year's Rideau Lakes Studio and Garden Tour

by Miss Cellaneous

er as artists, and of exhibiting their work collectively. The group currently includes Barbara Carroll, Sharon Collins, Ann Dunlap, Carolyn Gibbs, Molly Hartin and Jo-Ann Zorzi.

These are women from a variety of professional backgrounds — medicine, social science, agricultural policy analysis, education and special needs advocacy, pottery, and electronics engineering. They also come from a range of artistic backgrounds including quilting, fibre art, wearable art, painting, pottery and stained glass. Some are life-long artists, while others have been drawn to artistic expression in mid-life. Regardless of their origins however, they all feel compelled to create — cognizant that creating fulfills that eternal craving to express and reveal their souls through their art.



This year's Art in the Barn event features works by Bill Veale, among others

Ann Dunlap, while for Carolyn Gibbs it is the evoking of emotional responses in the viewers as they each enjoy their own interpretation of her work. Loss, growth and healing have stirred the soul of Molly

have pieces hanging in public spaces throughout Ontario, as well as in private collections across Canada and internationally. Some have exhibited their art in galleries, restaurants, museums, craft shows, guild shows and country fairs, and have had prize-winning work juried into local, national and international quilt shows. In fact, individual members of the group have shown their work on fifty occasions in the last five years. Now, for the first time, Soulplay presents an exhibit of their work at the Almonte Old Town Hall. The show opens Saturday, June 23, from 10AM to 5PM, with the vernissage from 2 to 4PM, and continues on Sunday, June 24, from 12 to 4PM. It will feature works by individual artists and also the group's new Rainbow Series in which artists were challenged to take one color of the rainbow and create a landscape using predominantly that color. Come and savour the results! For more information, visit <soulplayart.com>.

Art in the Barn

Art in the Barn returns to the Lombardy Agricultural Society Fairgrounds on Saturday and Sunday, July 7 and 8, from 10AM to 4PM. Over forty artists from the Rideau Lakes Artists Association welcome you to this annual art show and sale. The event is held at the spacious and easily accessible Lombardy Fairgrounds Barn, located south of Smiths Falls on Highway 15 at Kelly's Road.

The Barn provides a fun and relaxed atmosphere in which to meet with the artists and talk to them about their wide diversity of original art — watercolour, acrylic, oil and batik paintings, as well as

pottery and whimsical garden critters. This venue has ample parking and shelter from any weather. It does not, however, allow access to the internet, so purchases can only be made with cash or by cheque.

Admission is free, and ten percent of all sales will be donated to the Do It For Daron fund in support of youth mental health through the Royal Ottawa Hospital.

For more details about this and other shows of the Rideau Lakes Artists, please visit them at <rideaulakesartists.com> or call Nora at 283-7824.

Rideau Lakes Studio and Garden Tour

In the heart of the Rideau Lakes, on the scenic Rideau Canal, you will find the 14th annual Rideau Lakes Studio and Garden Tour. Artists who live along the waterway and in the adjacent area take inspiration from the natural beauty and cultural heritage of their surroundings.

What started fourteen years ago as a small group of friends exhibiting their talents has grown into one of the most popular tours of the season, with new artists joining every year.

The studios will be open from 10AM to 5PM on Saturday and Sunday, June 30 and July 1. A free brochure will guide you through the tour and is available at most area stores, restaurants and welcome centres, as well as at <rideaulakesstudioandgardentour.com>.

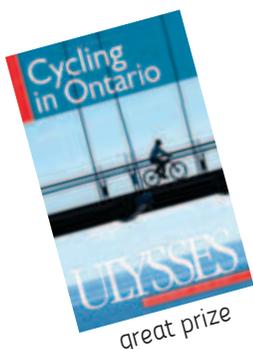
The artists look forward to welcoming you to their studios. The showcase of talent features decorative painting, handwoven and quilted items, pottery, china painting, decorative stone work and paintings in watercolour, oil and acrylic. The artists are ready and the historic, peaceful Rideau Lakes await your visit. For further information, contact Sherry at 928-3041.



The artists of Soulplay invite you to their show in Almonte on June 23 and 24

June is BICYCLE MONTH in Mississippi Mills!

Register for the **Silver Chain Challenge** at mmbm.ca and be entered in a draw for great prizes donated by **Mill Street Books!**



MILL STREET BOOKS

52 Mill Street, Almonte
millstreetbooks@gmail.com



613-256-9090
www.millstreetbooks.com

Bike Polo Goes “Hard Court”

Are you into cycling? Feel like trying something you haven't tried before? Come check out and take part in the Mississippi Mills Bicycle Month (MMBM) **Hardcourt Bike Polo Tournament** on June 9. The tournament will be taking place on the basketball court at Almonte's Gemmill Park.

Last year, Mississippi Mills' inaugural bike polo tournament welcomed teams from Mississippi Mills, Ottawa, Montreal and Arnprior. The Montreal team took the championship with Mississippi Mills in second place. Spectators enjoyed the fast-paced, short games (ten-minute maximum) and admired the bicycle handling skills of the participants, as well as a few crashes (with happy endings). Some spectators even got inspired to join the weekly polo game in Almonte's Gemmill Park!

If you're over 13 years old, have two other friends, three bikes, helmets, \$15 and a hilarious team name, you have everything you need to enter! Sign up online at <mmbm.ca> (select Events, Bike Polo Tournament). If you are planning on taking part in the tournament, stop by at 11AM to sign in and warm up. At noon there will be an information session for anyone who has never played before and is wondering what all the fuss is about. Bring a helmet; mal-

lets are provided. The tournament begins at 1PM.

Hardcourt Bike Polo, a sport that appears to be equal parts croquet, polo and

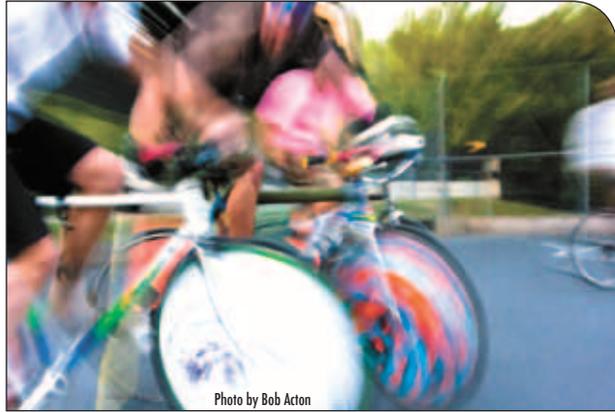


Photo by Bob Acton

street hockey, with a smattering of DIY ethos, has taken the world by storm since the turn of the new millennium. Although Bicycle Polo was invented as long ago as the 1890s (in Ireland), “hardcourt” bike polo was created as recently as the early 2000s (in Seattle, Washington). In a small amount of time the newer, more urban version of the sport has skyrocketed in popularity and is played in over 300 cities in over thirty countries. The first world championship tournament took place in 2009 and has been held annually since, with the 2012 World Hardcourt Bike Polo Championships to be hosted in Geneva in August. To go from a few people playing in a parking garage to a worldwide event, in less than a decade, is incredible and re-

ally demonstrates how enjoyable and inclusive hardcourt bike polo is.

Are you into the DIY aesthetic at home? Then you may find hardcourt bike polo right up your alley! From mallets made of PVC and ski poles, to homemade wheel covers constructed from corrugated or recycled cardboard and intricately designed and painted — that DIY approach is sure to appeal to cyclists who enjoy tinkering with their bikes or love to build things from scratch.

If you are interested, <ottawabikepolo.com> is a fantastic local resource. You can also check out <leagueofbikepolo.com> for more information on hardcourt bicycle polo and tournaments across North America and the world.

Besides polo, Mississippi Mills Bicycle Month has lots to offer residents and visitors in Mississippi Mills throughout the month of June: Saturday, June 2, is the **opening ceremony** in downtown Almonte — come for music, kids bicycle safety rodeo, fun races, and the exciting downtown **Ontario Cup criterium** events hosted by Ride with Rendall. Throughout the month, there will be events that include touring the countryside to view local farms, local flora, geocaching, the summer solstice and even stargazing. Take a look at <mmbm.ca> and you'll find there is something for cyclists of all abilities and ages to enjoy, and even learn something new throughout June!

— Chris Jobson

16 Historic Open Doors in Smiths Falls

The Town of Smiths Falls has many buildings of historical and cultural interest. On Sunday, June 3, sixteen of these sites will open their doors to the public as part of **Smiths Falls Doors Open**.

Originating in France in 1984, Doors Open (La Journée Portes Ouvertes) soon spread to neighbouring regions. The first Doors Open event in North America took place in Toronto in 2000. Two years later, Doors Open Ontario was launched by the Ontario Heritage Trust. This year, Smiths Falls will be among 57 participants across the province, and this is the 10th year the town has taken part in the program.

“We are thrilled to have the participation of so many community partners in the 2012 event,” says Lynne Clifford-Ward, coordinator of Doors Open Smiths Falls and also the Town's municipal cultural planner. “Several of the sites will feature music and theatrical performances, which will include an energetic youth component. Mark your calendar for Sunday, June 3, for a sensational day in Smiths Falls!”

For more information on Doors Open Smiths Falls, visit <smithsfalls.ca/doors-opensmithsfalls.cfm>, or call Lynne Clifford-Ward at 283-4124 x1150.



mississippi mills BICYCLE MONTH

Events for everybody – get your bike out!

Fri June 1 Silver Chain Challenge Begins
Sat June 2 Children's Bike Rodeo
Criterium Race
Opening Ceremony
Sun June 3 Road Race
Tue June 5 Astronomy Ride: Transit of Venus
Wed June 6 Rusty Spokes Ride
Thu June 7 RIMM Rovers Ride
Fri June 8 Stargazers Ride
Sat June 9 Scavenger Hunt and Geocaching Game
Bike Polo Tournament
Sun June 10 Birders on Bicycles Ride

Thu June 14 Bicycle Travelogue Presentation
Sat June 16 Tour de Mississippi Mills
Sun June 17 Blooms on Bikes Ride with Ed Lawrence
Wed June 20 Summer Solstice Community Ride
Thu June 21 Buildings on Bikes Ride with Peter Mansfield
Fri June 22 Hillside Church Community Ride
Sat June 23 Mountain Bike Ride
Augusta Street Park Pump Track Opening
Slow Food Farm Gate Tour
Wed June 27 Pinehurst Art Show Community Ride
Fri June 29 Critical Mass Ride
Sat June 30 Pakenham Parade Ride

Pick up an event passport at Mississippi Mills businesses or any Bicycle Month Event.

Participate in three or more events and be entered in a draw to win one of two

Octane 24" Diamondback youth bikes!

There's so much happening in June! For full details visit

mmbicyclemonth.ca

Grandmothers Stride to Turn the Tide

The second weekend of June marks the third year that groups across Canada will hold walks to support the Stephen Lewis Foundation's Grandmothers to Grandmothers campaign. The Lanark County Grannies are holding their **Stride to Turn the Tide** walk on Saturday, June 9. They join thousands across Canada, all walking to raise awareness of African grandmothers turning the tide of AIDS in Africa. The public is invited to join them and they hope you will!

It all starts at the Perth Farmer's Market inside The Crystal Palace in Downtown Heritage Perth at 9AM with registration, and then the walk begins at 10AM (rain or shine). There is a registration fee of \$5 per walker. The public is welcome to join in!

The Grannies are very pleased that local historian Susan Code will be leading a guided tour of Heritage Perth and its many historical homes and points of interest. The walk itself will take between 60 and 90 minutes and will begin and end at the Perth Farmers' Market. The Grannies are also participating in the Heritage Celebration that same day with the Farmers' Market as they celebrate their 20th anniversary. There will be many special activities and events that morning, as local farmers and vendors showcase their delicious food and crafts.

Also at the Perth Farmers' Market that morning, there will be a Great Granny Mystery Box Sale of ten decorated, one-of-a-kind boxes, reminiscent of traditional boxed lunches from years ago, that have been lovingly created and donated by a great-grandmother in our community. There will be a "mystery" prize inside each box and people will be able to buy tickets — three for a toonie! The draw for the winner of each box will be held at 1PM.

Stride to Turn the Tide is a Grandmothers Campaign initiative. All proceeds go to partners of the Stephen Lewis Foundation — grassroots organizations in sub-Saharan Africa that support African grandmothers and the children in their care. To learn more about these organizations and how they work with African grandmothers to turn the tide of HIV and AIDS in their communities, please visit <stephenlewisfoundation.org>.

THANK YOU

for saying you saw their ad in *theHumm*!

SOULPLAY



An exhibition of fiber art

An exhibition featuring
Barbara Carroll, Sharon Collins, Ann Dunlap,
Carolyn Gibbs, Molly Hartin, jo-ann zorzi

Almonte Old Town hall
14 Bridge Street, Almonte (2nd Floor)

Saturday June 23rd / 10-5
Sunday June 24th / noon-4

Meet the artists Saturday / 2-4

www.soulplayart.com

A Good Old-Fashioned Barn Dance

2012 has been a busy, but great, year so far for the **Lanark County Therapeutic Riding Program**.

On April 11, we were treated to an amazing (sold-out) presentation of photographer Bill Pratt's "Evening of Images of Antarctica and Canada" — an unbelievably touching photography slide show at Almonte United Church which grossed \$1800 for our program!

Then on May 7 we hosted our 6th annual For a Taste of the County gala at the Almonte Civilian Hall. This event showcased some of Lanark County's best food, wine and beer. Participants impressed an unprecedented crowd of nearly 300 people with their amazing culinary delights, as well as delectable samples of local beer and Canadian wines. We were very impressed with the turnout and managed to raise about \$9000 for the program.

In its 26th year, our Riding Program delivers specialized riding lessons to over 135 children and adults with developmental or physical exceptionalities — they come from all over the Ottawa Valley. Our thanks goes out to all those people who selflessly donate their time, food, drink and, most often, all of their proceeds — to help us gain the funds we need to keep this program running year after year. We could not do this without you!

June 23 is the date of our next fundraising event — **A Good Old Fashioned Barn Dance** — to be held at the Davidson's farm in Lanark, 2208 Highway 511 between Balderson and Lanark. There will be a BBQ starting at 6PM and a very extensive silent and live auction featuring loot such as overnight packages, jewellery, art, theatre tickets, gift certificates and just about all the horse and

country paraphernalia you can think of. Beau's Brewing Co. is sponsoring the event, and the entertainment will be provided by the band **Smokey Rose**. This event is a boot-stomping good time, so mark your calendars and come join us for some good old fashioned country fun!

The cost of admission is \$10 and the BBQ is an additional \$7. Tickets are available at Mill Street Books in Almonte, Shadowfax in Perth, Balderson Fine Foods in Balderson, and 30 Bennett Street in Carleton Place.



The Lanark County Therapeutic Riding Program supports over 135 children and adults with developmental or physical exceptionalities. You can support them by attending a fun barn dance on June 23.

The Riding Program is also, for the very first time, having a **Boot Drive** on Saturday, June 2, in Perth, Almonte and Pakenham. If you see us, give a wave. If you'd like to volunteer and get some fresh air and exercise with some of the greatest riders and volunteers in Lanark County, call 257-7121 x236 or go to <therapeuticriding.ca> for more information.

Thanks for all the continued support!

— Amy Booth



The location for everything knitting.

528 glen tay rd., perth

www.janiehknits.com

613 326 0626

Spokes, Volks, and Generous Folks

Woohoo!! June is here! I know summer doesn't officially start 'til the 21st, but summer weather has been here for a while already and I'm certainly not complaining. So after spending some time in the garden in May (who says it's not easy being green?), I am ready to get out and about in town. And what better way to do it than by bike?

Cycling is always a good idea — good for your pocketbook, the environment, your health, and for escaping those little summer bug clouds that gather when you walk

by Miss Mills, puppet reporter

— but in June cycling is also celebrated throughout Mississippi Mills, with more events than I've seen hot breakfasts! Or cold breakfasts! Seriously, what's a puppet gotta do to get some breakfast around here?! Oh — go to one of the many restaurants in town and perhaps have a human stomach. Sigh.

But you don't need to have a stomach to enjoy **Mississippi Mills Bicycle Month** — you don't even need a bicycle, as you can simply be an observer at many events... but you know everything is more fun on a bike.

A month full of events is too many to list here, so to get all the details, go to mmbm.ca and check out the calendar. But here are some hints of what they have planned: the **Mississippi Mills Grand Prix** (a race in four parts, June 1 to 3, which is an Ontario Cup stage race), the **Opening Street Party** in downtown Almonte on June 2 (6 to 9PM) and a **Bike Polo Tournament** on June 9. After reading Chris Jobson's article on bike polo this month, I will definitely be checking it out — teams from all over, fast-paced games lasting ten minutes? Sounds exciting!

There are many other specialized bike rides offered — ones for birders and stargazers and churchgoers and art lovers and mountainbikers and gardeners and, well, the mind boggles. And then there's the opposite — the **Critical Mass Ride** on Friday, June 29, leaving 6:30PM from Almonte Bicycle Works, which invites anyone and everyone to join in and take over the road! Cyclists of the world, unite! Its purpose is to raise the profile



This year's MVTM Fashion Show will feel like a trip to beautiful Bali, without leaving Almonte!

of cycling and advocate for safe cycling conditions in the community. These rides take place in over 300 cities around the world the last Friday of every month. Let's do it!

And while you're in a cycling-about-town mood, it's a great time to see the sites. As in campsites. As in the Almonte Fairgrounds on Water Street from June 7 to 10, where you can see all the Volkswagen campers, new and old, of **BusFusion**, now in its 11th year. Folks drive in from near and far for this fun, friendly and folksy (Volksy?) weekend. The event is open to all visitors without any charges — please park on Water Street or elsewhere outside the fairgrounds. Complete details can be found at BusFusion.com.

Ok, ok, enough cycling about town. Sometimes a girl needs to just sit back and relax... with some girlfriends... and some nibbles... and some gorgeous clothes. And that's what we can get on Saturday, June 16, from 2 to 4PM, at the **Celebrate the Goddess Fashion Show**. This afternoon of fashion is a combination celebration/fundraiser, as The White Lilly (Almonte) celebrates their first year of revealing your inner goddess through beautiful flowing clothing, Saje Wisdom (Appleton) celebrates twelve years of illuminating your goddess with beauty and spa treatments, and the Mississippi Valley Textile Museum celebrates, always, our long history of working in the textile industry (because a goddess still has to pay the bills). What I especially like about this night out is that it is not about trying to change you and turn you into something you're not. Because girl, you know we are fantastic just as we are. That's the thing. The people at the White Lilly and Saje are there to help you bring out your beautiful inner self. Lilly will help you shed your protective nondescript daily uniform and get you into flowing, colourful (or black, as you wish), natural fabrics from Bali that let the vibrant you shine through. And Almonte is the only place in North America that you can find these Goddess on the Go clothes, available in twelve colours and sizes XS to XXXL. There will also be the always tasty hors d'oeuvres of Foodies Fine Foods. Tickets are \$25 in advance from Saje, the White Lilly, the Textile Museum and Baker Bob's or \$30 at the door. Call 256-7799 for details.

And in the little space I have left, I can tell you about one more event (albeit happening July 2), which is good for men and women, and combines exercise and sitting, *and* doing good... it's the **Kent Huskins Golf 4 SchoolBOX Charity Tournament**, presented by Equator Coffee Roasters. \$75 per golfer gets you nine holes of golf, shared power cart, banquet dinner, \$25 charitable tax receipt for SchoolBox, and more. If you'd prefer to skip all the outdoor action, \$50 gets you dinner and the \$25 tax receipt. Contact milliemaloney@hotmail.com or 256-5059 for more details, and reserve by June 15. schoolbox.ca will tell you all about this fantastic organization, started in Almonte and "making education possible" in Central America since 2006.

So forget spending all that money on travel this year — enjoy summer in Mississippi Mills where you can experience world class cycling, feel the soft clothing of Bali, contemplate sexy hairstyles from Paris, protest like a San Franciscan at a Critical Mass Ride, see the sites of a Woodstock parking lot, and raise money for both the local past and the Central American future. And that's just from now 'til July 2nd. Then it's festival season!!

Mississippi Mills — not just for puppets anymore... ;-)



Experience the most beautiful views in Almonte...

inside and out!

Live or work in a stunningly renovated condo with a breathtaking view of heritage downtown Almonte or the mighty Mississippi River

Almonte condominiums

VICTORIA WOOLLEN MILL



AVAILABLE NOW
residential
and commercial
CONDOMINIUMS



THOBURN MILL

Visit us at almontecondos.com or call 613 256 9306 to arrange a visit.

almonte heritage redevelopment group



in the Garden

Meet the artists, enjoy the view, and find your inspiration at this unique garden event.

Father's Day Weekend! **June 16-17, 9 to 5**

Kiwi Gardens invites you to **Art in the Garden**, an annual show and sale of outdoor art and accessories.

The nursery is open May-Sept, daily 9 to 5



613-267-7384
info@kiwigardens.ca

www.kiwigardens.ca

4km west of Perth. From Hwy 7, travel 3km north on Harper Road. You will find Kiwi on the left. Watch for the Highway signs.

McNab Days – A New Kind of Drama, and Fun for Everyone!

Throughout Canadian history and the fight for a “people’s” government, everyone has heard of William Lyon McKenzie and the standoff at Montgomery Inn. Most have heard about Joseph Papineau. But have you heard of Peter Campbell, James Carmichael and Alexander McNab (not to be confused with Archibald)? Probably not, yet these three men — more

the Township, raising funds for legal defense and, most significantly, petitioning every successive governor general appointed to Upper Canada. Eventually, this led to an investigation called the “Allan Report” of 1840, and contributed to the creation of municipal and provincial government as we know it today. Looking to the French Revolution a mere

On Saturday, June 23, it’s **Goodbye Alligator, Hello Beaver!** The Braeside Riverdrive, one of the most popular events, promotes the past, present and future of the Ottawa River. Held at Red Pine Bay in Braeside on the Chats Lake reach of the Ottawa, the Drive includes a flotilla of heritage river craft that makes its way from Norway Bay, Quebec, to

grimage to the Braeside United Church at 4:30PM, where there will be a BBQ, craft sale and entertainment.

Sunday, June 24, brings the Tartan Run and Sunday Stretch/Family Day. The first annual **Tartan Run** begins at 8AM, with participants decked out in red-haired “Jimmy Tams,” which will be provided with the \$20 registration. The day continues with a **Tai Chi** demo and beginner’s class at 10AM, **canoe and kayak races** starting at 1PM. For details and to pre-register (by June 15), please contact Heather Lang at <hlrpublishing@bell.net> or 622-5649.

On Saturday, June 30, you are invited to **Walk/Cycle/Ride/Drive the Heritage Trail**, from 11AM to 3PM. Celebrating the release of the *McNab Papers* CD of authentic 19th-century correspondence re-

lating to the lots and concessions of McNab Township, heritage kiosks will be available at the Poole/Division St. entrance to the McNab/Braeside Recreation Trail, as well as the Trail’s intersection with Campbell Drive. CDs are \$20. As an extension of the Heritage Trail, the Burnstown United Church is offering a **Heritage Tour** of Burnstown’s historic homes and gardens, complete with **Strawberry Social** for \$25. McNab/Braeside’s heritage can also be experienced at Waba Cottage Museum in White Lake and the Township’s many other heritage sites.

The entry fee is \$4 per person at the gate, or \$10 for a family of four. Nine-day festival passes for all five municipal events are available at the Township office for \$10 per person or \$20 for a family of four.



A highlight of this year’s McNab Days flotilla is the world’s only operating Alligator warping tug, the W.D. Stalker

than many other more famous historical figures — represent the true grassroots movement in early Upper Canada of government by the people, for the people.

The Township of McNab (now McNab/Braeside) is famous for its founding, in 1825, by a Scottish Laird bent on recouping his fortunes through the exploitation of settlers and their timber. Persecution of the McNab settlers included personal confrontations, plots and swindles, illegal incarcerations, crooked magistrates, clandestine meetings, home burnings, property damage, mutinies and death — the stuff of high drama. Lesser known is that quietly in the background, three men formed the McNab “Friendly Society” — the equivalent of today’s community association. Starting in 1829, this group grew to include almost every family in

forty years earlier, there were times when the people of McNab Township considered more violent measures to ease their frustrations. However, the voice of reason always counselled the folk of McNab to prevail through legal and legislative means — and so they did.

McNab Days is McNab/Braeside’s annual nine-day festival, held this year from June 22 to July 1, celebrating the Township’s history, natural heritage and rural roots.

Festival Highlights

McNab Days begins on Friday, June 22 with a **Calling of the Clans**. At 7PM, the grounds of Waba Cottage Museum & Gardens will resound with pipe bands and Celtic music. The ancient rite of the “calling” commences as dusk falls at 9PM.

Red Pine Bay on the Ontario side. A highlight of the 2012 flotilla is the world’s only operating Alligator warping tug, the W.D. Stalker, which is on loan from the Norfolk Historical Society in Simcoe. This year’s event will see the Alligator making its farewell voyage on the Chats — a once-in-a-lifetime spectacle. At 2PM there will be a fly-in for the grand opening of the **Braeside Beach**, featuring a de Havelland Beaver float plane as well as more modern ultralights, and parachute landings from the 5-Mile High Parachute Club. This is all weather permitting; all will be moved to Sunday, June 24 if the weather does not cooperate. Also part of the celebrations will be displays by artists and organizations, demonstrations, breakfast and lunch (by The Lions Club), fiddlers and bluegrass bands. The day ends with a pil-



House and Garden Tour

As part of McNab Days, the Burnstown United Church is sponsoring a Heritage House and Garden Tour on Saturday, June 30 from 12:30 to 5PM. The seven locations in and around Burnstown include four heritage homes, four beautiful gardens and the church itself, where a Strawberry Social will be served. There will also be a silent auction at the church, featuring a local handmade quilt.

Tickets are \$25 each, available in Burnstown at Neat Coffee Shop, in Renfrew at Aikenhead’s Drug Store, in Arnprior at the Antrim Truck Stop, in Calabogie at the Calabogie Lodge, and from members of the Burnstown United Church. They can also be reserved by contacting Irene at <irener@renfrew.net> or 432-6987.

Two Rivers Musical Productions
Presents

FIDDLER ON THE ROOF

Support community theatre and enjoy one of the most beloved musicals of all time!

June 7, 8 and 9 at 7 p.m.
Arnprior District High School

Adults: \$15. Under 18: \$10. Tickets at the Arnprior Book Shop, the Arnprior Ice Shack & online at www.tworiversmusicals.ca

Don's MEAT MARKET
SINCE 1998

Thanks to all our customers who came in for our

8TH ANNIVERSARY LAST MONTH

We appreciate you paying the extra 10%!

126 MILL ST., ALMONTE • 256-6801
2544 GRAHAM ST., PAKENHAM • 624-9257

Blue Chicory Deluxe Hammocks

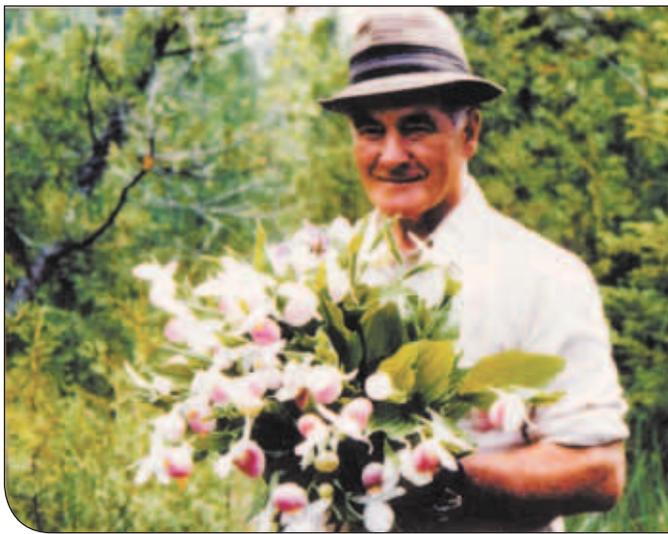
riverguild fine crafts

51 Gore St. East, Perth • 267-5237

Orchids are Blooming, Highlands are Beckoning!

Every year from mid-June until early July, the huge colony of Showy Lady's Slipper Orchids puts on an amazing show at the Purdon Conservation Area in Lanark Highlands. To coincide with this remarkable natural display, members of the Lanark Highlands Business and Tourism Association are gearing up to welcome visitors to the many shops, restaurants and attractions in the area.

Located just minutes from Lanark Village, Purdon Conservation Area is a unique wetland famous for its native colony of over 10,000 orchids. Each year they burst into bloom — a spectacle that has resulted in Purdon being named one of the Seven Wonders of Lanark County. The establishment of this orchid colony is the legacy of local farmer, Joe Purdon. Starting in the 1930s, he began to manage the fen and the orchids through selective tree thinning and maintenance of the water levels, and the orchids thrived. In 1984, concerned over the future protection and development of the colony, he sold the property to Mississippi Valley Conservation. With the support and guidance of Dr. Ted Mosquin, a knowledgeable and passionate volunteer, MVC has opened up the site to the public and continues to nurture the colony for the benefit of future generations. In addition to Purdon, Lanark Highlands is also



This photo of Joe Purdon was taken by Malak Karsh back in 1978. The orchids still bloom every year at the Purdon Conservation Area in Lanark Highlands.

home to another of the Seven Wonders — Blueberry Mountain, located on private land near Flower Station. Several rivers and numerous hiking trails also abound, so there are plenty of opportunities for visitors to get out and enjoy the natural landscape. From June 18 through to July 10, area businesses will be offering even more reasons to visit. Specials are being cooked up every day, so be sure to visit <lanarkhighlandsbta.ca> for up-to-the-minute details. And from pancakes with local maple syrup to fresh-cut fries and pizza, you're sure to find something to tempt your taste buds at the variety of restaurants and cafés throughout the area. You can also pick up an "Orchids in Bloom" brochure at any of the participating businesses within the Lanark Highlands area.

So come out for the orchids, but stay to explore all that the Lanark Highlands has to offer. From artisans to alpaca farms, candles to collectibles, this area has so much to discover! For information about the orchids, call the Blooming Hotline at 259-5307 x500. The Purdon Conservation Area is open from dawn to dusk every day from May 15 through to October 15, with admission by donation. The Conservation Area includes a fully accessible boardwalk, washroom, parking, and picnic area.



Classic Theatre Festival

Experience Ottawa Valley's Professional Summer Theatre in Heritage Perth!

A quirky, comic love story
July 13 to Aug. 5

Two for the Seesaw
 By William Gibson

A comedy of second chances
Aug. 10 to Sept. 2

Mary, Mary
 By Jean Kerr

Tickets: 1-877-283-1283 or www.classictheatre.ca
 Air Conditioned Venue with Free Parking!
MASON THEATRE, 13 Victoria Street, Perth

SUMMER CAMP

Almonte Academy of DANCE

***** Jazz *** Hip-Hop *** Musical Theatre *****
Arts and Crafts, In & Outdoor Play
and so much more...

Summer CAMP
 (MON-FRI)
 8:00AM-4:00PM
 \$135.00 + HST

OPEN TO AGES 4-12

Dance CAMP
 1/2 days
 Mornings or Afternoons
 \$75.00 + HST

Registration
 June 6th 5:00-7:00
 June 9th 9:30-Noon
 June 13th 5:00-7:00

DON'T MISS THE FUN

SUMMER CAMP WILL BE OFFERED THE WEEKS OF
***** July 2-6 *** July 9-13 *** July 30-August 3 *****
***** August 13-17 *** August 20-24 *****

Before & after camp care available if required
 1-453 Ottawa St., Almonte
 613-256-3683 almontedance@live.com

Follow *theHumm* on Twitter!
@INFOHUMM

McNab Days 2012

McHighlights include:

Friday June 22, 7PM
Calling of the Clans
 at the Waba Cottage Museum

Saturday June 23, 11AM
Braeside River Drive
 at Red Pine Bay

Sunday June 24, 8AM
5k McNab/Braeside Tartan Run
"Take 5" Family Day and Sunday Stretch

Saturday June 30, 11AM
Heritage Walk
 at the McNab/Braeside Recreational Trail

Sunday July 1st, 11AM
Canada Day Parade and Party
 at the Braeside RA Centre

Other Attractions include:
 Great food, music on the waterfront, float planes, parachuters, horseshoes, interactive displays, euchre, kayak and canoeing races, Tai-Chi, and much much more!

for more information
 call 613-623-5756 x 226
 or visit mcnabbraeside.com

The Claytones CD Release

Born in the heart of the Ottawa Valley, The Claytones masterfully spin their melodic, country-soaked roots music with old school sensibilities. A true collaborative project, Kelly Prescott, Adam Puddington and Anders Drerup write and arrange their songs together, effectively making The Claytones sound the sum of its parts. With an impressive list of individual accolades, this young band will be releasing their debut album, which blends their unique talents into the group's signature live feel. The CD is co-produced by Kaylen Prescott, who continues to work with his sister, Kelly, in the studio and as a co-writer.

The trio, listed as one of the National Post's top five "Artists to watch in 2012", has been in Nashville lately, writing and meeting with publishers. They look forward to returning home to play a growing list of shows in support of their new album this summer and early fall. One special gig will be in Tuscany (Italy) for a private wedding in September.

Sue Tennant of Music On McLean house concerts describes them well: "Their banter on stage appears unrehearsed and off-the-cuff, adding to the comfort zone, all the while keeping the interest of those lucky to be there with their engaging stories. Their music captivates as they follow one another flawlessly from one piece to another. The Claytones' professionalism oozes well be-



Catch The Claytones on June 29

yond their years, like a comfy sweatshirt swaddling the crowd, offering a memorable experience to all they encounter."

The Claytones' CD release will be on June 29 at Union Hall on Wolf Grove Road, near Almonte. It will be an intimate 75-seat acoustic venue. There will be limited seating and a special CD release price. Tickets are available at Mill Street Books.

You can also catch the band at several area venues throughout the summer: Ottawa Bluesfest, Stewart Park Festival, Owen Sound Summerfest, Sharbot Lake Inn, The Brampton Rose Theatre, Ottawa Dragon Boat Festival and more. Find further information at <theclaytonsmusic.com>.

Carleton University Coming to Almonte

When Don Wiles decided some years ago to bring Carleton University professors to Almonte for a lecture series, he was hoping a few people would turn out to learn the fascinating background behind such diverse subjects as why frogs don't freeze, why bridges don't fall down, what politics in the Middle East are really all about, or the theory of colour. Little did he realize there was a voracious appetite for this information — so much so that people lined up for both the evening events *and* the afternoon lecture series on literature, science or history that he was then able to offer through the long winter afternoons. One thing has led to another, and Don has progressed to believing that people will once again be drawn to learning in Almonte on a higher level — that being true credited courses through Carleton University, offered right here at our Old Town Hall.

"We'll start small," Don thought. "We'll conduct a poll to see what people would like." And sure enough, there is ample interest to consider offering first-year courses, perhaps some professional development courses, and of course the ever-popular Learning in Retirement courses. Not only will people be able to take courses close to home, but Carleton University will also have a presence in Mississippi Mills that can only grow as these courses become more and more popular. The Old

Town Hall will recognize an advantage too, as it becomes a cultural and education centre in our town.

There is sure to be a trickle-down effect from this welcome addition to education in the area. Imagine if high school students were able to attend first-year courses within walking distance of their present school; imagine if they availed themselves of the opportunity to take the Learning in Retirement course. (I can never fathom why younger people aren't drawn to these courses, not only for the knowledge they would gain from the lecture itself, but also the knowledge accumulated by the people taking the course. It is an investment in education that is rarely offered so close to home.)

Mr. Wiles and his assembled team are to be heartily congratulated for presenting this golden opportunity to Mississippi Mills. The community is already embracing this project — an advisory group has been formed to assist Mr. Wiles and representatives from the university, and some financial support is being provided by both the Mississippi Mills Chamber of Commerce and the Town's Community & Economic Development Committee. It is certainly an initiative that everyone can support!

Watch *theHumm* for more details on this project, and in the meantime, please send inquiries to <don_wiles@carleton.ca>.

— Glenda Jones

"Well-done butcher shops are certainly not rare in Mississippi Mills!"



Don St. John brings a lifetime of experience to his two Mississippi Mills butcher shops. Raised on a family-owned beef farm, at the tender age of 19 he started working as a meat wrapper, and by 24 he was a meat department manager. After opening his own butchery in Kanata, he decided to move **Don's Meat Market** to Almonte back in 2004. In 2011, he opened his second location on the main street of Pakenham.

Customers appreciate not only his cleaver-sharp sense of humour and friendly staff, but also the one-on-one service and exceptional products not offered in large grocery stores. Don sells both local and western Canada meat and meat products as well as grocery, produce, baked goods and some non-food items.

Since making the move from Kanata, Donny has become a fixture in this area. He often donates his time and talents to local causes (he's a bit of a ham, and definitely no chicken), and appreciates being "part of a family of neighbouring businesses, all very distinct and supportive." He has also found that his business has grown more quickly than he expected. He hypothesizes that: "Compared to the hurried fast-paced life of the city, the Valley is the perfect location for those who love to prepare home-cooked, wholesome meals. That is one reason we tripled our sales after moving from Kanata to Almonte."



Meet us:

Upcoming Mixer:

Wednesday, June 20

Fair Trade Mixer:

Craig Hall, owner of Equator Coffee Roasters, will speak about moving his company to Almonte, roasting fair trade coffee, and joining forces with SchoolBOX for a school project in Nicaragua.

6PM at Equator Coffee Roasters, 451 Ottawa Street

Don's Meat Market — Mississippi Mills Chamber member since 2005



Visit us: www.mississippimills.com

Join us:

To become a member of the Mississippi Mills Chamber of Commerce please email your request to manager@mississippimills.com.

Members who attend our monthly MIXERS are eligible to win a business profile like this one!

Take That, *The Man!*

Hi there. Long time no write. Don't worry — it's nothing you did. Been busy. But I have a question: Who writes the rules of how we are supposed to live our lives? Is it the big corporations wanting us to spend money? Is it a secret society of the world's powerful elite? I don't know, so let's just call it "The Man".

by Rona Fraser

Wikipedia: "The Man' is a slang phrase that may refer to the government or to some other authority in a position of power."

The Man seems to want us as busy as possible. Why? My theory: to spend money. One of the main things keeping us busy is working, to make enough to pay for a home, clothing, food. Except we don't stop there. We need bigger homes, because our families shrink but our wants increase. We need space for computers and their desks, printers, etc. We need space for our video games (especially if one is a fan of *Rock Band*, and how could one not be). And then there are the hobbies, and the books we will read and magazines with an article to keep. And

childhood memories and granny's keepsakes. And what if we have guests? We prefer a whole room for that, or at least extra bedding. And then there's extra kitchen tools and gifted knickknacks and the tools for home maintenance and garden maintenance and lawn maintenance... and what about sports (body maintenance!)? And Christmas? And BBQ season? And camping and...

Wow. Does anyone else need a drink? How much money have we given away to have that stuff that we now have to pay to store (need a bigger house now)? How many hours working to pay for it?

How did The Man train us so well?! We go through life working as much as we can, to get money to use! And WHY do we do it?

Because The Man told us we can have it all, that's why.

"Look," says The Man. "Look at your neighbours reshingling their roof, and getting a new kitchen, and there's a new car! They have it all, so you should too!" Except you know they don't. You know that most of us in the working class have some things but not others. Some have a new roof and awful bathroom. Others have a nice holiday and ugly debt. The Man is a liar.

So how do we stick it to da man? I have some ideas. 1. Next time you want to buy something, consider the hours you'll work to buy it. Do you still want it? 2. Wherever it will be kept, give away/sell something you have. 3. Spend locally, even if it costs slightly more. And, most important of all... 4. Do something unexpected. And free.

Why? Because it freaks The Man out, that's why! Rebel against the monotony and rules of "them" — you know, them... the people who will think you are crazy when you do it!

Get joy WITHOUT spending money.

Skip down main street. Picnic on some public grass. Sing in public! Walk! Bike! Lay down on the grass! Don't do it to annoy people — do it quietly, to simply enjoy life. We don't know how long we have, ya know. Don't let The Man tell you to fill your life with busyness. Have some fun, and write <rona@thehummm.com> to tell me what you did.

This column is dedicated to two nonconformist friends who have passed. Catherine, a great friend and free spirit, and Pete, who I didn't know well, but had a warped sense of humour and love of food that I appreciated.

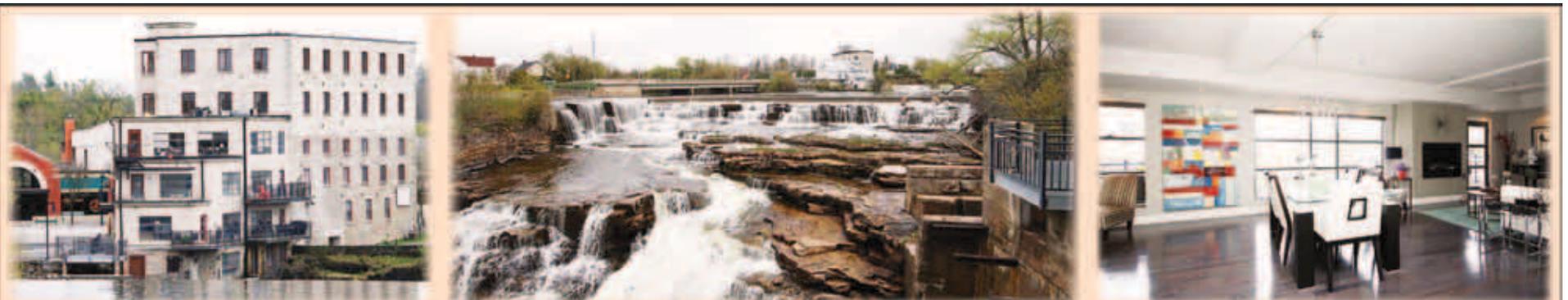


The Perth Citizen's Band kicks off this season's concert series on June 14 at the bandstand in Stewart Park

Perth Citizen's Band Summer Pops Concert Series

Once again, the **Perth Citizen's Band**, Canada's oldest continuing town band, is preparing for its annual Summer Pops Concert Series. This year marks the 160th year of operations for the band.

All concerts are held on the bandstand located in Stewart Park, directly behind the Town Hall, in historic downtown Perth. This tradition has continued on the bandstand each summer since it was constructed in 1931, and all concerts are free to the public. Each concert features a variety of music ranging from classical to Broadway to movie themes, as well as jazz, blues and other popular forms. In addition, conductor Brian Tackaberry includes heritage pieces from the band's historic files and songs by Canadian composers and arrangers. Audience members are invited to bring along a lawn chair or simply enjoy a leisurely stroll through the park during the performances. All concerts begin at 7:30PM, except the June 28 concert, which begins at 7PM and is held in conjunction with the Strawberry Social (sponsored by the Perth Rotary Club). The band will also be performing at the North Lanark Regional Museum's annual Strawberry Festival on Sunday, June 24, in Appleton. The Pops Concerts for this year are on June 14 and 28, July 12 and 26, and August 9 and 23. For more information, visit the band's website at <perthband.ca>.



Luxurious Condominiums in Almonte's Victoria Woollen Mill

Call for a tour to experience the luxury of the recently transformed Victoria Woollen Mill. Enjoy fine dining, shops, local festivals, and entertainment all within walking distance of this exclusive waterfront condominium. The Mill was originally built in 1857 and functioned as a woollen mill until the 1960s. The building enjoys spectacular waterfront views of the Mississippi River falls and the heritage architecture of Almonte. A complete renovation began in 1993 to convert the building to condominiums. Since that time the stonework has been restored, beams exposed, and deep pine windowsills have had thermal windows installed. In 2009 the modern infrastructure was completed with the addition of an elevator tower and security system. This elevator allows access to the units now available for purchase on the 3rd, 4th, and penthouse floor.

This beautiful building boasts a boutique restaurant, The Heirloom Café & Bistro, on the main floor with a mezzanine art gallery. All floors above are planned to be residential. Each unit has its own private, owned parking space. Visitor parking is also on site. A dramatic glass canopy over the front entrance is being installed this summer.

Please note that the condo fees include heat. Each unit has its own heating and cooling system with an in-suite utility room. Property owners only pay hydro in addition to the condo fee.

Contact us to request our MLS listings for details on each unit. The 4th and 5th floors are base prices before renovations, so additional bedrooms, bathrooms, fireplaces, etc. are optional. A recently completed unit is pictured to demonstrate what can be accomplished in this wonderful property.



Patrick Kelly

SALES REPRESENTATIVE

Sutton

Premier Realty (2008), Ltd.,
Brokerage

www.kellysuccess.com

(613)254-6580

Jennifer Kelly

SALES REPRESENTATIVE

House ReBorn Inc.

Renovations & additions | design + Build | quality carpentry



Martin Beauseigle
martin@housereborn.ca
613-294-3993

Proudly designed and built by **House ReBorn Inc.**



www.housereborn.ca

Stop by our website to view the various services we offer!

Pick up *theHumm* in Carleton Place at
THE GOOD FOOD CO.



Kim Stockwood



Louise Pitre

**Toronto Symphony
Youth Orchestra**



**Treasa Levasseur
& The Daily Special**



Sagapool

Perth Performing Arts Committee



2012 • 2013

Thirty-First SEASON

KIM STOCKWOOD
Friday, September 28, 2012

LOUISE PITRE
Friday, October 19, 2012

**TORONTO SYMPHONY
YOUTH ORCHESTRA**
Friday, November 23, 2012

**TREASA LEVASSEUR
& THE DAILY SPECIAL**
Friday, March 22, 2013

SAGAPOOL
Friday, April 12, 2013

**Mason Theatre
at
Perth & District
Collegiate Institute
Perth, ON**

Season and single tickets available now



at Jo's Clothes
39 Foster St., Perth
613-485-6434
www.ticketsplease.ca

Sponsors: Lake 88.1 – Media Partner, CIBC Wood Gundy – Moe Johnson, Coutts & Company, The Factory Grind, Foodsmiths, North Lanark Veterinary Services, Maximilian Dining Lounge, Kelly's Flowers and Fine Things, Lionel Pauze Piano Tuning, Camp Otterdale, Jo's Clothes, Heide Gibbs

Postcards from Perth

It's Happening in June!

You'd figure there would be a lot going on in a town like Perth in June — and you'd be right.

A great way to celebrate Father's Day is at Kiwi Gardens' 16th annual **Art in the Garden** show and sale. Art in the Garden showcases arts and crafts among the extensive and colourful display beds at Kiwi Gardens. It is a wonderful occasion to take the whole family out for a stroll through the gorgeous walkways and exotic plantings to meet the artists and find all sorts

by John Pigeau

of handmade works of art: garden sculptures, arbours and obelisks, blown glass, wind chimes, pottery, outdoor furniture and much more. To make the day more enjoyable, there will be live music by Tell Mama and the Tritones, and to make it more delectable, Perth's famous Sunflower Bakery will be on site to provide delicious snacks and cold drinks. Even if you don't end up taking home a treasure to enhance that special corner in your outdoor living space, you're sure to enjoy the beautiful surroundings, the music, and the food.

Art in the Garden takes place June 16 and 17, from 9AM to 5PM. Kiwi Gardens is located at 687 Harper Road, RR 7 in Perth. For more information, you can visit them online at <kiwigardens.ca>.

If you're looking for something to do indoors, three wonderful authors will be reading from their books on June 9 at Backbeat Books, Music & Gifts. The theme of the night is "**Provocative Prose in Perth**", and the readers are three excellent female writers.

Award-winning author Sandra Nicholls will be reading from her debut novel *And The Seas Shall Turn To Lemonade*, which has been described as compelling, outrageous and enigmatic, and continues to place number one on Amazon's literary humour list. Sandra's first book of poems, *The Untidy Bride*, was a finalist for the Pat Lowther Award, and her second volume won the Archibald Lampman Award. She also took third place in the International Stephen Leacock Competition.

Reading from her hilarious and poignant novel, *Sex & Samosas*, is Jasmine Aziz. A retired vibrator seller and in-home party consultant, Jasmine's book was hailed by the *Ottawa Citizen* for the way "sex scenes are treated — with information, kindness and hilarity." The paper also praised the book for its "surprisingly poignant family anecdotes."

Last but not least on the night's bill is Nerys Parry, who will be reading from her debut novel *Man & Other Natural Disasters*. The book was a finalist for the Colophone Prize and tied for seventh in the Giller Prize Reader's Choice Awards. Parry's writing has been shortlisted for several awards including the Kenneth R. Wilson Canadian Business, Event Creative Nonfiction, and FreeFall's Fall Fiction Awards.

The readings begin at 7PM, with a suggested cover of \$5. Backbeat Books, Music & Gifts is located at 6 Wilson Street West. (Look for the blue door!)

If you haven't heard, Perth's **World Record Kilt Run** is happening on June 23 at 6:30PM. This event is garnering worldwide attention, and rightfully so — it's a fun and titanic undertaking, not to mention record-breaking. This year some 1,900 runners (and some walkers and medium-paced strollers) will be taking part, and most will be dressed to the nines in their finest face paint and tartan-wear. (Actually, all participants must wear a kilt.) The 8-kilometre race starts out front of Perth Town Hall and wanders through the fully closed streets of historic downtown Perth, and along the banks of the Tay River. There will be live music on the course, including Highland Scottish bands, and cash awards for top male and female runners.

If you would like more information about this fantastically fun and colossal event, you can contact Shannon Baillon at 466-0249 or <thebaillons@gmail.com>.



Visit Kiwi Gardens near Perth over the Father's Day weekend for their annual Art in the Garden event. You'll be inspired by works like these energetic sculptures by Marc Clark.

John Patrick Shanley's Pulitzer Prize winning play, *Doubt, A Parable*, completes its successful run at the Studio Theatre on June 1, 2 and 3. Directed by Jeremy Dutton, this challenging and thought provoking play stars Barb Guthrie, Hugh McCullough, Mary Ann Majaury and Natalie Gray. The June 1 and 2 shows are at 8PM; the June 3 show begins at 2PM. Tickets are \$20 in advance, available at The Book Nook, and at the door for \$22. Phone or credit card orders can be made through Tickets Please, 485-3434 or <ticketsplease.ca>. There is a student rate of \$10 (with I.D.) at the door. For further information, call the Studio Theatre box office at 267-7469 or visit <studiotheatreperth.com>.

Last but not least, an exhibition of new paintings by the amazingly talented **Stewart Jones** continues at Backbeat Books, Music & Gifts until the end of June. Stewart's work has been lauded by critics as fanatically original in its unique and startling depictions of urban landscapes.

For even more events, please check *theHumm's* helpful event calendar on pages 24 and 25.

Quilters:
KONA® SOLIDS
Top knotch
100% Cotton Fabric
only \$8.99/m

Textile Traditions
of Almonte

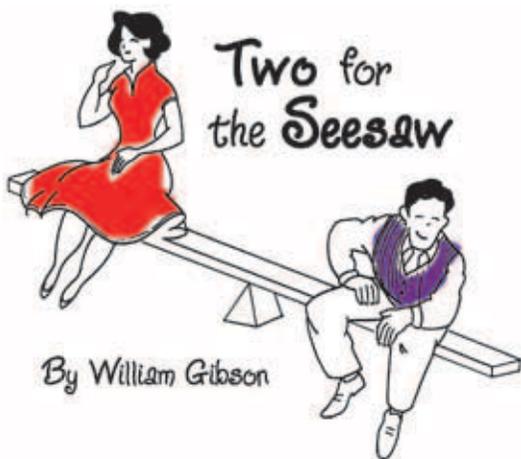
87 Mill Street
256-3907

Knitters:
Do it outdoors!
Knit in Public Day
is June 9!
(www.wkipday.com)

Classic Theatre in Perth This Summer

The **Classic Theatre Festival** in Perth returns for its third summer of professional productions of hits from the golden age of Broadway and the London Stage. This year's shows evoke the era of *Mad Men* and *Pan Am* — the late '50s and early '60s — whose music, fashion and stylings are enjoying a significant revival.

Both of the summer shows are rarely-produced gems that were hugely celebrated in their time. William Gibson's *Two for the Seesaw*, a quirky, comic love story of two lost souls who find each other in 1958 New York City, won a Tony Award for Best Play and ran over two years on Broadway. Jean Kerr's *Mary, Mary* — a hilarious take on marriage, divorce and second chances among the Big Apple's witty smart set circa 1962 — stands the test of time as the eighth-longest running play in Broadway history.



Neither author was a one-hit wonder. Gibson dramatized the Helen Keller story with *The Miracle Worker*, starring Anne Bancroft and Patty Duke. Kerr penned the best-selling satire of suburbia, *Please Don't Eat the Daisies*, along with witticisms such as: "If you can keep your head about you when all about you are losing theirs, it's just possible you haven't grasped the situation," and "Women speak because they wish to speak, whereas a man speaks only when driven to speech by something outside himself — like, for instance, he can't find any clean socks."

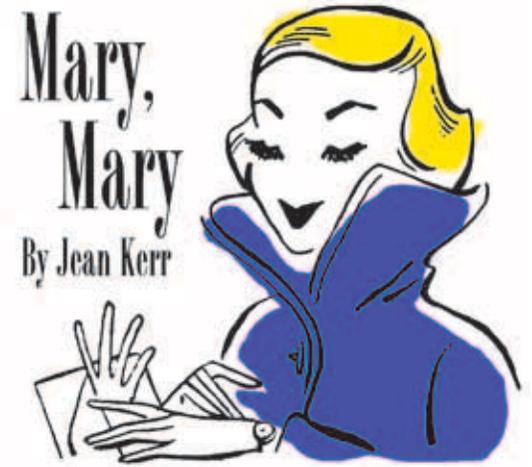
Artistic producer Laurel Smith spent the winter assembling a stellar cast and production team — a mix of familiar and new faces from Canadian theatre, film and TV. Season opener *Two for the Seesaw* (July 13 to August 5) stars Scott Clarkson, who wowed audiences last summer with a tour-de-force performance in the marriage comedy *The Fourposter*. As the honourable but alienated Nebraska lawyer Jerry Ryan, recently separated from his wife, he teams up with Kate Gordon (seen in Upper Canada Playhouse's *Not Now, Darling*) as the free-spirited Gittel Mosca. The two carry on a rollercoaster ride of a relationship, leaving audiences rooting for them until the final curtain.

The second show, *Mary, Mary* (August 10 to September 2), slyly asks: in a world very much run by

men, how does one love an intelligent woman? The play opens nine months after the separation of publisher Bob McKellaway (Matthew Olver of *Living in Your Car*, *Queer as Folk*, *My Mother's Lesbian Jewish Wiccan Wedding*) and wise-cracking magazine writer Mary (Rachel Jones). The pair has been called together by their lawyer Oscar (Alan Lee), to sort out their tax returns and avoid an audit. Sparks fly with the introduction of Bob's much younger fiancée and health food nut Tiffany (Heather Sande of *My Babysitter's a Vampire*, *Sleeping Beauty*, *The Melville Boys*), and Hollywood heartthrob Dirk Winston (Alastair Love), who hopes Bob will consider publishing his less than literate autobiography.

Both shows feature set and lighting designs by David Magladry, whose evocative lighting left an indelible mark on last year's shows. Mylène Ménard, well known in Gatineau and Ottawa theatre scenes, creates the retro costume designs, while behind the scenes, the shows will be stage managed by veterans Richard Cliff and Anne Redish.

While the Classic Theatre Festival plays a growing role in promoting Perth as a tourism destination and partnering with local businesses, it also continues its community benefit nights, which have raised over \$15,000 for local organiza-



tions. Partners include Kiwanis, Rotary's End Polio Now campaign, Lanark County Interval House, Mississippi Valley Textile Museum, Friends of the Library and Pink Triangle Services. Watch as well for Classic Theatre getaway package specials, featured at <classictheatre.ca/packages>.

This year, they acknowledge the generous support of the Ontario Tourism and Marketing Partnership and WPBS-TV, as well as the Perth and District Community Foundation, which supports the Save-A-Seat program, providing theatre tickets to low income individuals.

Tickets are available online at <classictheatre.ca>, by phone at 1-877-283-1283, or in person at Tickets Please, 39 Foster Street in Perth.

— Matthew Behrens

TOTAL JOTUL SALE

SAVE 15%

June 4th to 9th



Hearth and Home LTD

Quality Hearth Products

18 Concession Street Westport W.E.T.T. Certified

(613) 273-4402

Toll Free 1-888-743-3288

www.rvhh.com




Explore Lanark Highlands during

Orchids in Bloom

June 18 - July 10

Discover all that Lanark Highlands has to offer during the blooming period of the magnificent Showy Lady's Slipper Orchids at the Purdon Conservation Area. Drive, paddle, bike or hike through gorgeous natural scenery, home to two of the *Seven Wonders of Lanark County*. The many distinctive shops, restaurants, cafés and businesses welcome you with demonstrations, sales and special treats!

Pick up a copy of the **Orchids in Bloom** brochure at one of the many participating Lanark Highlands businesses.

For details & directions visit www.lanarkhighlandsbta.ca

For up-to-the-minute information on the Purdon orchids call the **Blooming Hotline** at 613-259-5307 x500.







Carp Garden Tour

A Community Beautification Project

On Sunday, July 8, twelve spectacular and diverse gardens in the Carp area will be open to the public in support of a community beautification project. This project is centred around Carp Memorial Hall and spearheaded by the West Carleton Garden Club, with the support of many area citizens and businesses.

President Donna Caldwell explains that there are three phases to the project. "Phase one was completed in conjunction with the City of Ottawa. It included resurfacing the foundation with stone, a retaining wall and a beautiful path of interlocking stone leading to a sitting area. Two trees and plantings were included to make this area a focal point of the downtown core of the village."

"Phase two of the project," she continues, "will be to replace the current City of Ottawa sign with a Heritage sign. We are working with the City, as well as the Bank of Nova Scotia, to complete this phase. The third phase will be the installation of a sculpture incorporating the poppy as a remembrance for the Memorial Hall."

The gardens on the tour vary from small and pretty town gardens to large rural properties with heritage homes and barns. Each has its own charm and cachet, and many provide spectacular views of the surrounding valley. All are owned by passionate gardeners.

Distinctive features to delight garden tour visitors include: a "staircase" garden, an "elephant mound" garden, waterfalls, creeks, ponds and pools, woodland and shade gardens, perennial borders and container gardens, a "mailbox" garden, "teardrop" and "tractor" gardens, secret gardens,

rock gardens, fence gardens, trellises, wildflower gardens, pergolas, planters, wall and stone features, vegetable gardens, bird-enticing gardens, and the list goes on and on. There is even the unseen-expensive-garden-beside-the-garage, where the homeowner explained that she "paid more for the plants in that garden than for any other plants in all my other gardens."

This major fundraising event could not have been brought to fruition without the support of the



Twelve spectacular gardens will be on display in the West Carleton area on July 8 in support of a Carp community beautification project.

many local sponsors and advertisers, as well as the Club's committee members, who have put in many hours to bring you this Carp Garden Tour on Sunday, July 8.

A collectable souvenir booklet/map, which is the ticket to this event (\$15), is now on sale at six local area businesses and garden centres. More information is available on the website (simply Google "West Carleton Garden Club") and at the club's Facebook page.

PÊCHES & POIVRE

from sweet to savoury

WHAT'S NEW:

Lighthouse Lemonade; Mrs. McGarrigle's mustards; The Garlic Box products

ON THE MENU:

- ALL MONTH children with their parents receive **15% OFF TEACHER'S GIFTS** through June (non-consigned items)
- Sat June 9 Get your Dad Tools and Goodies for the BBQ
- Sun June 17 **Happy Father's Day!**
- Sat June 23 Recipe of the month

The winners of last month's draws are : Francine Lunney of Almonte; Heather MacDonald of Ottawa; and Michelle Guitard of Stittsville.

A big thank you to Dovetale, Mountain Path, Neal Brothers, Perth Pepper and Pestle, and Trudeau Corp. and to our customers for making the Grand Opening a success!



89 Mill St. Almonte
613-256-5764

fine food, fun kitchen and artful dining ware



Follow theHumm on Twitter!

@INFOHUMM



Gallery Perth

Gift of Art Registry

Weddings

The wedding couple chooses a painting the guests contribute to a gift of art Now there's an idea!

Anniversaries

Birthdays

And if it's for yourself there's always our Lay Away Plan

Code's Mill

17 Wilson Street East

613-264-8338

galleryperth.com

Perth Motors
Perth and Surrounding Area's #1 Choice for Tires, Rims and Accessories!

Over 20 brands of tires available including atv tires and many custom and winter rims to choose from! We will not be undersold! It's worth the trip!

Tires - Repairs & Preventative Maintenance for All Makes & Models
(613) 267-2901 Hwy.#7, Perth

Logos: Goodyear, Yokohama, Hankook, Bridgestone, Toyo Tires, Kelly's Tires, Michelin, Dunlop, Accostar.

You otter come to **Bittersweet Gallery** to see some wonderful animal sculptures by Florence Chik-Lau

I think they're really hip...

bittersweet
FINE CRAFT & ART

5 Leckie Lane • Burnstown
open daily 11 to 5PM
613.432.5254
www.burnstown.ca/bittersweet

artPontiac

Make/see/live art

West Quebec's
Pontiac Artists' Association
is proud to present:



Pontiac School of the Arts 2012 season!

Intriguing and diverse courses
for children, youth and adults.

www.artpontiac.com 819-647-2291

Pick up *theHumm* in Perth at
TICKETS PLEASE!



Janice Aiken

B.A., M.A., Registered Massage Therapist

Check my websites
for classes
coming in June

1598 Ramsay Conc. 1
10 minutes west of Almonte

www.janiceaikenrmt.ca
www.willowandthorn.ca

613-256-6243



ART IN THE BARN

Meet the artists and view their original
paintings, pottery, jewellery, sculpture & more...

JULY 7TH AND 8TH

10 A.M. - 4 P.M.

LOMBARDY FAIRGROUNDS

FREE ADMISSION

10% of all sales go to



Supporting Youth Mental Health at The Royal



Mental Health - Care & Research
Santé mentale - Soins et recherche

www.rideaulakesartists.com

The Almonte Potters Guild

Join us for
Summer Fun!

- Summer Camps in July & August
- Children's Classes in August
- Adult Classes in July & August
- Birthday parties & events!



Contact us at 613-256-5556
95 Bridge Street, Almonte
www.almontepottersguild.com

The Reever Report

In My Comfort Zone

It's June, and we're all supposed to be in a comfort zone, in a hammock maybe, or at least under an umbrella in an easy chair with a pile of books that has been calling since Christmas. And if that is where you are when you're reading this, I may have to hunt you down and change all that.

by Glenda Jones

In January, when there was supposed to be free time, I was planning my summer: learn to row a scull, go back to the gym, create a piece of art for the garden. All right, I did get at the latter. I'm still busy with that one, and intend to have it completed by mid-June. (I have three weeks left here! Plenty of time.)

In February, I was trying to get in as many ski days as I could while plugging away at the aforementioned project, and working in some extra training with the dogs. That month was showing promise until along came the idea lady who laid a task on me that I could hardly fathom. As she was departing for her holidays, she blithely opined that "What the Hub needs is a new project. We need palliative care in our community, and we need it now. I'll be back in two months. See what you can do about that while I'm gone."

Overdrive, that's what we can do! In a matter of two weeks we had a committee together, we had started to gather support, and oh my, we had no idea what a huge project we had undertaken. But we also had no idea how many people have been waiting for this to happen.

So March arrived, and I hardly noticed — we had so many meetings to attend, so many people with whom we needed to connect, and so much to learn. I was definitely outside my comfort zone dealing with a subject that thankfully has not come into my ken. I'm learning fast though. The thought of someone suffer-

ing a painful death, the thought of someone watching this happen, is enough to make me realize how fortunate I have been, and if there is something I can do to relieve someone else's pain, it is necessary to see this through.

April: my piece of art proceeded slowly, but I found it was the best way to relax, and contemplate the BIG project. I feel for the person who enquires what I have been doing lately, since they get the whole story about how we are working to create this fantastic agency to help people when they need it most.

May: letters, budgets, proposals, brochures, timelines, an organizer who knows exactly how this is going to work, prospective board members who want to become involved, and scores of people lining up for training, volunteering, helping however they can. The garden is secondary, and has to be fitted in

checks and all — and our hope is that by early spring 2013, we will be at the stage of placing our volunteers where they are needed. We are hopeful that the medical profession will be responsive to this program, and will undergo training specific to their specialties. In addition, we will offer family support, grief and bereavement counselling, and a resource centre for information.

In time, we will investigate opening an actual hospice. Once the public is comfortable with the idea of palliative care, once we have a secure base of people to staff it, once we have raised some funds to furnish rooms, we will be ready to open a facility where people can spend their last days in a peaceful, homelike setting with excellent compassionate care.

Now my comfort zone is expanding, and I'm pleased to say, I am going to sign up for the course

What the Hub needs is a new project. We need palliative care in our community, and we need it now. I'll be back in two months. See what you can do about that while I'm gone...

whenever I'm able — I can't believe I'm even saying that!

So now we're to June, and what have we created? We are setting up a hospice palliative care organization in our community, whereby people who need our service will be connected to us through the Mills Community Support, their family doctor, their service providers, or even family members, and we will endeavour to see that their needs are met through our volunteers and other services that operate in our community. Many people want to die at home, and that should be an option for them, with plenty of support for themselves and for their families. We will begin screening prospective volunteers in late summer, with a formal 36-hour course to start in mid-October — all candidates must be screened, with police

myself — something I didn't think I would ever be able to do. It's a very good thing to step outside yourself occasionally and see where it takes you. I am energized by this whole idea, and will be so happy when we see it come to fruition. We are so fortunate to have a whole community backing this project. If, as you read this, you stretch and say you too could become involved, please leave a note at the Hub, and watch for more details coming soon.

And what is my piece of art, you ask? I have created five mosaic birdhouses, one for each grandchild, that I am going to install in the garden where I can see them every day. They will remind me of a spring when I have been inundated with thoughts of youth, old age and, above all, love. Doesn't get much better than that, does it?

Just Knitting

A FINE YARN SHOP

Come join us for
World Wide
Knit in Public Day!
Saturday, June 9
Bring a lawn chair
and your knitting

Light refreshments
will be available

6 Lake Ave. W. Carleton Place
613-492-KNIT (5648)
www.JustKnitting.ca

Burnstown Heritage House & Garden Tour

Saturday June 30, 12:30PM - 5PM

Includes:

7 Locations in and around Burnstown
Strawberry Social at Burnstown United Church
Silent Auction at Church

Tickets \$25.00 - available at:

Neat Coffee Shop, Burnstown • Aikenhead's Drug Store, Renfrew
Antrim Truck Stop, Arnprior • Calabogie Lodge

For emailed tickets or further info:

- Search for "Burnstown" in Facebook
- Contact Irene at irener@renfrew.net or 613-432-6987

Rain or Shine

Sponsored by: Burnstown United Church

Part of **McNab Days**

Claiming Column

Celtfest, Almonte, Jul 6-8
Dragon's Breath, Renfrew, Jul 6-7
 Diversity Festival, Renfrew, Jul 7
 Carp Garden Tour, Carp, Jul 8
 Art in the Barn, Lombardy, Jul 7-8
 Almonte Fair, Jul 20-22
 Stewart Park Festival, Perth, Jul 20-22
 Herbfest, Almonte, Jul 29
 Canal Railway Festival, Smiths Falls, Aug 10-12
 Naismith 3-on-3 Basketball Festival, Almonte, Aug 11
 Puppets Up!, Almonte, Aug 11-12
 ARTstravaganza, Carp, Aug 18
 Rideau Lakes Art Show & Sale, Lombardy, Aug 24-26
 North Lanark Highland Games, Almonte, Aug 25
 Tweed Ride, Almonte, Sep 8
 Doors Open Mississippi Mills/Carleton Place, Sep 8
 Fibrefest, Almonte, Sep 8-9
 SchoolBOX Fiesta, Almonte, Sep 26
 Murray McLaughlan, CP, Sep 29
 Crown & Pumpkin Studio Tour, Miss. Mills, Oct 6-8

Visual Arts

Vernissage, Jun 2, 8PM-9:30PM, Lorraine English (acrylics), live music. Equator Café Almonte. equator.ca.
Westport Antique Show/Sale, Jun 2(10-5), 3(10-4). Westport Com. Centre
Vernissage, Jun 3, 1-4PM. Ottawa Soc. of Botanical Artists. Herb Garden, 3840 Old Almonte Rd. 256-0028, herbgarden.on.ca.
Vernissage, Jun 8, 7-9PM. Glennie Covell. Brushstrokes, Carleton Place. 253-8088
Of Brush and Clay, Jun 9-10 (10-5). Marie Paquette & Ann Gruchy's art. 1584 Sobeau Court, Kars. angruchy.com
Valley Treasures Quilt Show, Jun 9 (10-5), Jun 10 (12-4). 1 Ma-Te-Way Park Dr., Renfrew. 649-2605. \$5
World Wide Knit in Public Day, Jun 9. Bring lawn chair & knitting. Just Knitting, 6 Lake Ave. W., CP. 492-5648
Jewellery Show, Jun 10, 1-5PM. Local jewellery designer - Silver Desire. The Herb Garden, Almonte.
AAAA AGM/Potluck, Jun 11, 6-8:30PM. 1 Rosamond St. E., Almonte. 4a-artists.ca.
Art at the Station, Jun 16, 10AM-4PM. Outdoor art market. 132 Coleman St., Carleton Place. 283-0955.
Art in The Garden, Jun 16-17, 9AM-5PM. Art & outdoor accessories. Kiwi Gardens near Perth, 267-7384, kiwigardens.ca
Smiths Falls Art Journey Tour, Jun 16-17 (10-7). Maps & info at smithsfallsarts.com. Free
Almonte Quilters' Guild, Jun 18, 7PM. Almonte Civitan Hall. 256-5858
Arnprior Quilters' Guild, Jun 20, 6:30PM. 257 John St. N., Arnprior. arnpriordistrictquiltersguild.com. \$5
ARTiculate, Jun 20, 7PM. West Carleton Arts Soc. St. Paul's Church, Carp. west-carletonartssociety.ca.
Lanark County Quilters Guild, Jun 22, 6:30PM. Guests \$3. Perth Fairgrounds, 264-9232
Soulplay Fibre Art Show, Jun 23(10-5), 24(12-4). Vernissage 2-4PM Sat. Almonte Old Town Hall. soulplayart.com
Pinehurst Art Show Ride, Jun 27, 6:30-8PM. Art show & bike ride. 39 Carss St., Almonte. mmbm.ca.
Rideau Lakes Studio & Garden Tour, Jun 30-Jul 1 (10-5). 928-3041, rideaulakesstudioandgardentour.com.

WHAT'S ON IN

Monday **Tuesday** **Wednesday** **Thursday**

Mississippi Mills Bicycle Month presents events all month long <mmbm.ca>
 Brush Strokes presents Glennie Covell <brushstrokesart.ca>
 Equator Coffee Roasters presents British & East Indian inspired acrylics by Lorraine English <equator.ca>
 fieldwork presents Sylvia Pendl, Barbara Meneley, Susie Osler <fieldworkproject.com>
 Gallery Perth at Code's Mill presents their Spring Show til June 17 <galleryperth.com>
 Mill of Kintail presents Almonte & Area Artists <mvc.on.ca>
 Herb Garden presents Ottawa Society of Botanical Artists <herbgarden.on.ca>
 Mill St. Gallery of Contemporary Art (Almonte) presents Nick Moore's fine furniture, Steve Thompson's photography
 MVTM presents "Pathways" exhibit by Juanita Sauve (Jun 23 on) <mvmtm.ca>
 Palms Coffee Shop presents Kate Collins' papier maché, Richard Skrobecki's pottery & Shawn DeSalvo's photography <palmsonline.ca>
 Bittersweet Gallery presents jewellery by Anne-Marie Chagnon <burnstown.ca/bittersweet>
 The Mississippi Mills Chamber Gallery presents Diane Provost, mixed media

| | | | |
|--|--|--|---|
| <h1>4</h1> <p>🎵 Carp Celtic Jam, Carp Masonic Lodge</p> | <h1>5</h1> <p>🎵 Mississippi Blues Society Jam, The Thirsty Moose</p> | <h1>6</h1> <p>🎵 AGM & Presentations, Appleton 🎵 Open Celtic Jam, Naismith Pub 🎵 Swiss Ambassador Talk, Carleton Place</p> | <h1>7</h1> <p>🎵 BusFusion, Almonte 🎵 Fiddler on the Roof, Arnprior 🎵 Monsieur Lazhar, Smiths Falls 🎵 Jazz at Bally's, Ballygiblin's 🎵 Spencer Evans Trio, The Cove</p> |
| <h1>11</h1> <p>🎵 AAAA AGM/Potluck, Almonte 🎵 Carp Celtic Jam, Carp Masonic Lodge</p> | <h1>12</h1> <p>🎵 At The Hop, Carleton Place 🎵 Strawberry Social, Carp</p> | <h1>13</h1> <p>🎵 Exposure: Breast Cancer & the Environment 🎵 Open Celtic Jam, Naismith Pub</p> | <h1>14</h1> <p>🎵 Bird Walk w/Cliff Bennett, Pakenham 🎵 Nature Reserve BioBlitz, Pakenham 🎵 Spencer Evans Trio, The Cove 🎵 Family Health Team Open House, Almonte 🎵 Perth Citizen's Band Outdoor Concert, Perth</p> |
| <h1>18</h1> <p>🎵 Almonte Quilters' Guild, Almonte 🎵 Carp Celtic Jam, Carp Masonic Lodge</p> | <h1>19</h1> <p>🎵 Chris Murphy, The Cove 🎵 Cold War Cinema, Carp 🎵 Dance of Universal Peace, Renfrew</p> | <h1>20</h1> <p>🎵 Arnprior Quilters' Guild, Arnprior 🎵 ARTiculate, Carp 🎵 Open Celtic Jam, Naismith Pub</p> | <h1>21</h1> <p>🎵 Buildings on Bikes, Almonte 🎵 Spencer Evans Trio, The Cove 🎵 Mind-Body Healing Talk, Carp</p> |
| <h1>25</h1> <p>🎵 Carp Celtic Jam, Carp Masonic Lodge</p> | <h1>26</h1> <p>🎵 Shawn McCullough & Mike Cochrane, The Cove</p> | <h1>27</h1> <p>🎵 Adult Bereavement Group, CP 🎵 Open Celtic Jam, Naismith Pub 🎵 Pinehurst Art Show Ride, Almonte</p> | <h1>28</h1> <p>🎵 Spencer Evans Trio, The Cove 🎵 Strawberry Social/Perth Citizens' Band Concert, Perth</p> |

Youth

Teddy Bears' Picnic, Jun 24, 11:30AM-2:30PM. Navy League, 137 John St., CP. 257-2200x323.

Festivals

FaeryFest, Jun 9, 10AM-5PM. Local artists, authors, vendors. Perth Civitan. 283-9877, faeriecece@hotmail.com.
Lambs Down Park Festival, Jun 16, 10AM-4PM. Herding, shearing & spinning, entertainment, food. 142 Franktown Road, CP. 257-8049
Westport Heritage Festival, Jun 16, 9AM-4PM. Music, market, displays, tours. BBQ. Westport. brianjudge@live.com.
Heritage Mica Festival Opens, Jun 24. \$3 Voyageur Canoe Tours, BBQ. Park permit req'd. Murphys Point Park, 267-5340, eventsmurphys@ripnet.com

Theatre

Doubt, Jun 1-2 (8pm); Jun 3 (2pm). \$20 in adv (Book Nook), \$22 at door or Tickets Please (485-6434/ticketsplease.ca). Studio Theatre, Perth. studiotheatreperth.com.
The Eclipse, May 31-Jun 2, 8PM. Echo echo Productions. \$15 at neatfood.com. Neat Café, Burnstown.
Monsieur Lazhar, Jun 7, 7PM. Station Theatre, Smiths Falls. 283-2911.
Fiddler on the Roof, Jun 7-9, 7PM. Tickets at Arnprior Book Shop & tworiversmusicals.ca. Arnprior High School. \$15/\$10
Naismith is Colourblind (And He Can't Drive), Jun 8 & 9 (7:30PM), 9 (2PM). Tickets at Baker Bob's. Fundraiser for palliative care initiative., Almonte Old Town Hall. 256-7674. \$15; \$7 youth; \$35 family
Cold War Cinema, Jun 19, 6PM optional tour, 7PM *The Iron Curtain*. Diefenbunker, Carp. \$15 tour/movie; \$8 movie only

Spiritual Cinema Circle, Jun 24, 2PM. Myriad Centre, Perth. 267-4819, fp@superaje.com. \$2 donation
Dragon's Breath, Jun 30, 7PM. Fundraiser for Renfrew's Diversity Festival. \$12 at 433-6955 or diversityfestivalinformation@gmail.com. Almonte Old Town Hall

Literature

Used Book Sale, Jun 2, 10AM. Books, CDs, DVDs. Almonte Library, 155 High St.
Provocative Prose in Perth, Jun 9, 7PM. Sandra Nicholls, Jasmine Aziz, Nerys Parry. Backbeat, 6 Wilson St. W., Perth. \$5
2012 LiPS Poetry Slam Finals, Jun 23, 7PM. LiPS team to compete at Festival of Spoken Word. McMartin House, Perth.

Music

Shari Ulrich, Jun 3, 2PM. \$20 at ticketsplease.ca. 485-6434. MERA, McDonalds Corners. 278-2556, meraschoolhouse.org

Little Birdie (Orit Shimoni), Jun 8, 8PM. 207 High Street, Carleton Place. RSVP findlayhouseconcerts@gmail.com. \$20
Diamonds are a Girl's Best Friend, Jun 9, 7:30PM. CP Community Band. \$5, \$20/family. Carleton Place Town Hall.
Music Jam & Potluck, Jun 9, 5PM. All welcome!. Bolingbroke. 273-2571.
White Lake Acoustic Jam, Jun 9, 7-10PM. 142 Burnstown Rd., White Lake. 256-5439, \$5 (members free)
Valley Voices Concert, Jun 10, 7:30PM. Proceeds to MVTM. Almonte United Church. 256-0134. \$10; \$7 from Baker Bob's
At The Hop, Jun 12, 7PM. CPTown Singers. \$10 from Collins Barrow (CP) or Nick (257-4100). St. Andrews Church, CP.
Perth Citizen's Band, Jun 14, 7:30PM. Bring a lawn chair. Stewart Park, Perth. perthband.ca.
Kelly Sloan & Ryan Cook, Jun 16. Shooter's, Calabogie. 752-1383.

Friday

Saturday

Sunday

| | | |
|--|--|---|
| <p>1</p> <ul style="list-style-type: none"> Doubt, Perth Mississippi Mills Grand Prix, Carleton Place Steve Barrette Trio, The Swan at Carp Straight Up, The Barley Mow The Eclipse, Burnstown | <p>2</p> <ul style="list-style-type: none"> Bicycle Month, Almonte Buddy Holly Lives, The Cove CPHS Reunion, Carleton Place Danny Rembadi, Harry McLean's Pub Diamond Jubilee Tea, Perth Doors Open - Diefenbunker, Carp Doubt, Perth The Eclipse, Burnstown The Stevie Nugget Band, Ashton Pub Used Book Sale, Almonte Vernissage, Almonte Westport Antique Show/Sale, Westport | <p>3</p> <ul style="list-style-type: none"> Country Roots Garden Tour, West Carleton Doors Open, Carp, Smiths Falls Doubt, Perth House Tour for LCIH, Carleton Place Jazz Brunch, Fiddleheads Kevin Head & Miss V, The Cove Magnolia Rhythm Kings, The Royal Oak Mississippi Mills Grand Prix, Almonte Shari Ulrich, McDonalds Corners Valley Singles Lunch, Sand Point Vernissage, Almonte Westport Antique Show/Sale, Westport |
| <p>9</p> <ul style="list-style-type: none"> BusFusion, Almonte Fiddler on the Roof, Arnprior Little Birdie (Orit Shimoni), Carleton Place Naismith is Colourblind, Almonte Vernissage, Carleton Place | <p>10</p> <ul style="list-style-type: none"> BusFusion, Almonte Heritage Days, Beckwith Kevin Head, The Cove Bicycle Month Events, Almonte Brothers Chaffey, Neat Coffee Shop Diamonds are a Girl's Best Friend, Carleton Place Fiddler on the Roof, Arnprior Meet the Coffee Farmer, Almonte Naismith is Colourblind, Almonte Stride to Turn the Tide Walk, Perth Valley Treasures Quilt Show, Renfrew White Lake Acoustic Jam, White Lake World Wide Knit in Public Day, CP | <p>10</p> <ul style="list-style-type: none"> APEX Jazz Band, The Royal Oak BusFusion, Almonte Jazz Brunch, Fiddleheads Kevin Head & Miss V, The Cove Of Brush and Clay, Kars Sterling Silver Jewellery, Almonte Valley Treasures Quilt Show, Renfrew Valley Voices Concert, Almonte |
| <p>13</p> <ul style="list-style-type: none"> Amanda Rheume, Neat Coffee Shop Steve Barrette Trio, The Swan at Carp | <p>13</p> <ul style="list-style-type: none"> Art at the Station, Carleton Place Art in The Garden, near Perth Carolyn Mark w/Joey Wright, Neat Coffee Shop Celebrate the Goddess Fashion Show, Almonte Kelly Sloan & Ryan Cook, Calabogie Kevin Head & Miss V, The Cove Lambs Down Park Festival, Carleton Place LAWS Charity Dog Wash, Perth Smiths Falls Art Journey Tour, Smiths Falls Tour de Mississippi Mills, Almonte Walk for Wellness, Carleton Place Westport Heritage Festival, Westport | <p>17</p> <ul style="list-style-type: none"> Almonte Traditional Sing, The Barley Mow Arnprior Humane Society Fundraiser, Arnprior Art in The Garden, near Perth Blooms on Bikes, Almonte Canadian Guitar Quartet, Eganville Jazz Brunch, Fiddleheads Kevin Head & Miss V on the patio, The Cove Magnolia Rhythm Kings, The Royal Oak Missiles, Gadgets & Defence Lines, Carp Smiths Falls Art Journey Tour, Smiths Falls |
| <p>22</p> <ul style="list-style-type: none"> Calling of the Clans, White Lake Lanark County Quilters Guild, Perth | <p>23</p> <ul style="list-style-type: none"> 2012 LiPS Poetry Slam Finals, Perth Barn Dance for Therapeutic Riding, Lanark Celebrate Summer Dinner, Carleton Place Health Talk/Movie, Carp Kevin Head & Miss V, The Cove Lynn Miles, Neat Coffee Shop Soulplay Fibre Art Show, Almonte World Record Kilt Run, Perth | <p>24</p> <ul style="list-style-type: none"> APEX Jazz Band, The Royal Oak Heritage Mica Festival Opens, Perth Jazz Brunch, Fiddleheads Kevin Head & Miss V on the patio, The Cove Soulplay Fibre Art Show, Almonte Spiritual Cinema Circle, Perth Steve Strongman, The Cove Strawberry Social, Appleton Tartan Run/Family Day, Perth Teddy Bears' Picnic, CP |
| <p>29</p> <ul style="list-style-type: none"> Breakfast with Soul, Almonte Claytones CD Release Concert, Almonte Critical Mass Ride, Almonte Steve Barrette Trio, The Swan at Carp | <p>30</p> <ul style="list-style-type: none"> Dragon's Breath, Almonte Heritage House & Garden Tour, Carleton Place Kevin Head & Miss V, The Cove Rideau Lakes Studio & Garden Tour, Carleton Place Silver Creek, Neat Coffee Shop | <p>30</p> <ul style="list-style-type: none"> Canada Day, Carleton Place Jazz Brunch, Fiddleheads Kevin Head & Miss V, The Cove Rideau Lakes Studio & Garden Tour, Carleton Place |

Country Roots Garden Tour, Jun 3, 10AM-5PM. Fitzroy, Carp, Dunrobin. \$20 online or at gdn, ottawagarden.ca/events.

Doors Open Smiths Falls, Jun 3. 283-4124 x1150, doorsopenontario.ca/events/smithsfalls.

House Tour for LCIH, Jun 3, 10AM-4PM. Carleton Place. 257-3469x27, lcih.org. \$25

Valley Singles Lunch, Jun 3, 12:30PM. To register, call 256-8117 or 432-7622, 38 Golf Club Rd., Sand Point.

Museum AGM & Presentations, Jun 6, 7PM. 647 River Rd., Appleton. 257-8503, northlanarkregionalmuseum.com. \$10

Swiss Ambassador Talk on Agriculture & Tourism, Jun 6, 7PM. 175 Bridge Street, Carleton Place.

BusFusion, Jun 7-10. Check out the Volkswagen campers., Almonte Fairgrounds, Almonte. Info:BusFusion.com.

Beckwith Heritage Days, Jun 9. Family activities, music, food. 1319 Ninth Line Rd., Beckwith. 257-1539

Meet the Coffee Farmer, Jun 9, 2PM. Guatemalan coffee coop member. Equator Cafe, Almonte. 256-5960, equator.ca.

Stride to Turn the Tide Walk, Jun 9, 9AM. Reg'n (\$5). Guided walk of Heritage Perth. 60-90 mins., 63 Gore St. E., Perth.

Strawberry Social, Jun 12, 7:30-9PM. W. Carleton Garden Club. 3739 Carp Rd., \$5 for non-members

Exposure: Breast Cancer & the Environment, Jun 13, 7PM. Free movie in home studio. lhines@mybodycanhealself.ca

High Lonesome Nature Reserve BioBlitz, Jun 14, 9AM-4PM (bird walk at 6AM). Help identify species. Pakenham area. 267-4200x3403, admin@mmltc.ca.

Ottawa Valley Family Health Team Open House, Jun 14, 5:30-8PM. Tour; meet Drs. 95 Spring St., Almonte. ovfht.ca.

Celebrate the Goddess Fashion Show, Jun 16, 2PM. \$30; \$25 in adv from White Lily, Baker Bob's. MVTM fundraiser. 3 Rosamond St. E, Almonte. 256-7799

LAWS Charity Dog Wash, Jun 16, 9AM-2PM. Sug. donations: \$10-\$15/dog. Fido Fun Fair at 11AM. 106 Wilson St. W., Perth.

Walk for Wellness, Jun 16, 10AM-Noon. Walk labyrinth, bring donation for Food Bank., CP & Beckwith Heritage Museum

Arnprior Humane Society Fundraiser, Jun 17. Walk your dog or not! Music, BBQ. 400 John St. N., Arnprior. 623-0916, arnpriorhumane.society.ca.

Missiles, Gadgets & Defence Lines, Jun 17, 11AM-4PM. Father's Day tours & BBQ., Diefenbunker, Carp

Carp Ridge Ecowellness Mind-Body Healing Talk, Jun 21, 7PM (RSVP, \$20 at door). **Health Talk/Movie**, Jun 23, 1PM. Natural Weight Loss talk, *Living Matrix* film. 2386 Thomas Dolan Pkwy, Carp. 839-1198, ecowellness.com.

Calling of the Clans, Jun 22, 7PM. Pipe bands & Celtic music. 24 Museum Rd., White Lake.

Celebrate Summer Dinner, Jun 23, 4:30-7PM. 37 Franklin St., Carleton Place. 257-2133. \$12;\$6 kids

World Record Kilt Run, Jun 23, 6:30PM, 1,900 people in kilts in 8km race. Perth. 466-0249, thebailions@gmail.com.

Strawberry Social, Jun 24, 1:30-4PM. w/ Perth Citizen's Band. \$10 at Baker Bob's northlanarkregionalmuseum.com.

Tartan Run/Family Day, Jun 24, 8AM. Run, Tai Chi, canoe/kayak. Register by Jun 15. 622-5649, hlrlpublishing@bell.net. \$20

Adult Bereavement Group, Jun 27, 1:30-3:30PM. 105 McNeely Ave., CP.

Strawberry Social/Perth Citizens' Band Concert, Jun 28, 7PM. Stewart Park Bandstand, Perth.

Breakfast with Soul, Jun 29, 8-10AM. Heritage Court, Almonte. lillywhite.ca.

Burnstown House & Garden Tour, Jun 30, 12:30-5PM. \$25 at Neat, Antrim Truck Stop. 432-6987, irener@renfrew.net

Canadian Guitar Quartet, Jun 17, 3PM. Valley Festival. Grace Lutheran Church, Eganville. 433-9457, tickets@valleyfestival.ca. \$20/\$10 students; free under 13

Dance of Universal Peace, Jun 19, 7PM. Trinity St. Andrews Church, Renfrew. 432-5583. Freewill donation

Barn Dance for Therapeutic Riding, Jun 23, 6PM. BBQ, auction, dance w/Smokey Rose. \$10 (+\$7 BBQ). 257-7121x236, therapeuticriding.ca.

Claytones CD Release Concert, Jun 29, 8PM. \$15 at Mill Street Books. Union Hall, Almonte. theclaytonsmusic.com

The Swan at Carp (Falldown Lane Carp, 839-7926), jazz, no cover

Fiddleheads (Code's Mill, Perth, 267-1304): Sundays Jazz brunch w/Clay Young & guest, 12-3pm.

The Royal Oak (329 March Rd. Kanata, 591-3895): jazz on Sun, no cover.

Jun 3, 17 Magnolia Rhythm Kings, 3-6pm

Jun 10, 24 APEX Jazz Band, 2-5pm

The Cove (2 Bedford St., Westport, 273-3636): Thur Jazz w/Spencer Evans Trio 9-11pm; Kevin Head & Miss V on Saturday 6-9pm & Sun 12-3pm.

Jun 2 Buddy Holly Lives, 7pm buffet, 8:30pm show, \$50.

Jun 19 Chris Murphy, 8-11pm

Jun 24 Steve Strongman, 6pm dinner/show, \$45

Jun 26 Shawn McCullough & Mike Cochrane, 8-11pm

Ballygiblin's (151 Bridge St., Carleton Place, 253-7400), jazz, no cover

Jun 7 Peter Brown & guests, 6-9pm

Neat Coffee Shop (1715 Calabogie Rd., Burnstown, 433-3205): 8pm

Jun 9 Brothers Chaffey, \$13

Jun 15 Amanda Rheume \$17

Jun 16 Carolyn Mark w/Joey Wright, \$15

Jun 23 Lynn Miles, \$20

Jun 30 Silver Creek, \$15

The Naismith Pub (411 Ottawa St., Almonte, 256-6336): Open Celtic Jam Wed, no charge (7:30-10pm)

Harry McLean's Pub (111 St. Lawrence St., Merrickville, 269-4223)

Jun 2 Danny Rembadi

Jun 9 Terry Tufts

Valley BBQ (10470A Hwy 7, Carleton Place, 257-1700): Open Stage Thurs (9pm)

Jun 9 MonkeyJunk \$24; \$22 in adv.

Carp Masonic Lodge (3704 Carp Rd., Carp): Carp Celtic Jam, \$3/\$25 for 3 mos, all levels, Mon (7-9pm).

Ashton Pub (113 Old Mill Rd., Ashton):

Jun 2 Stevie Nugget Band, 9pm, no cover

The Barley Mow (79 Little Bridge St., Almonte, 256-5669): Johnny Spinks Thurs (8pm), Live entertainment Fri (9pm)

Jun 1 Straight Up, 8pm

Jun 17 Almonte Traditional Sing, 2-4pm

Thirsty Moose (20 Bridge St., Carleton Place, 253-0879):

Jun 5 Mississippi Blues Society Jam, 8:30pm, no cover.

Community

Mississippi Mills Grand Prix, Jun 1-3. Circuit. Ontario Cup stage race (cycling). ridewithrendall.com/events/mississippi-mills-grand-prix-2012/.

Mississippi Mills Bicycle Month Events, Jun. Details at mmbm.ca.

CPHS Reunion, Jun 2, 1PM. 75 Neelin St., Carleton Place. cphs2012.eventbrite.com. \$50

Diamond Jubilee Tea, Jun 2, 1-4PM. Sign scroll to send to Queen. \$12; \$10 in advance (267-3769). Perth Fairgrounds

Doors Open - Diefenbunker, Jun 2-3, 11AM-4PM. Free guided tours every hour. 3911 Carp Rd., Carp.

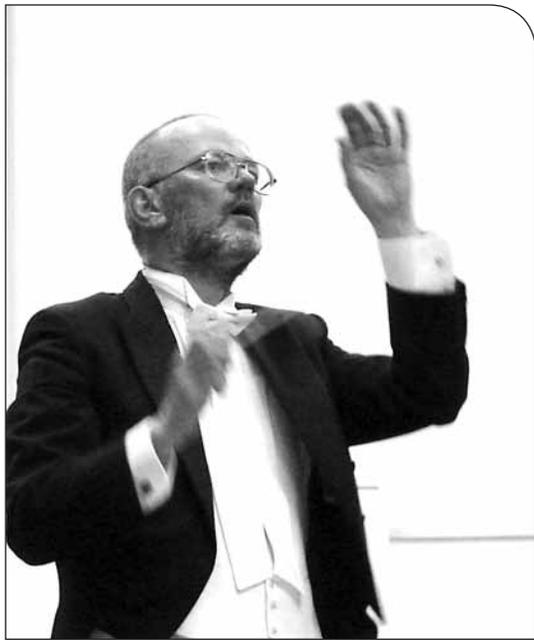
Canadian Guitar Quartet to Play Eganville

The Ottawa Valley Music Festival is proud to present the perfect concert for Father's Day: a performance by the **Canadian Guitar Quartet (CGQ)** at Grace Lutheran Church in Eganville on Sunday, June 17 at 3PM. Established in 1999, the Quartet has toured extensively in North and South America, from one standing ovation to the next, establishing a reputation as one of the finest guitar ensembles in the world.

The CGQ has often been featured on both English and French national CBC networks, as well as broadcasts in Chile and Austria, and on a "Classical Guitar Alive" webcast from the United States. In Canada, they have appeared at the National Art Gallery, the Palais Montcalm series, the Glenn Gould Studio in Toronto, and with orchestras and in recital across the country. They have performed in music festivals across Canada, as well as South America and the States.

The music of Patrick Roux has been performed and recorded all over the world. The Latin-inspired rhythms and virtuosity make for drama and excitement, while a constant interchanging of voices among the quartet allow for complex but clear textures and for live panning and stereo effects on stage. In 2002, Les Productions d'Oz began the special "Canadian Guitar Quartet Collection", featuring music by Roux and transcriptions by Denis Donegani and Louis Trépanier.

In 2006, the G8 guitar octet project began with the CGQ joining the Salzburg Guitar Quartet for concerts in Austria and Germany and a national radio broadcast from Innsbruck. G8 continued to delight audiences in Canada in 2007 with a tour that also included a national Radio-Canada broadcast on *Espace Musique*. The Cana-



Peter Morris takes over as Artistic Director of the Ottawa Valley Music Festival this September

dian Guitar Quartet is currently in residence at the University of Ottawa.

Tickets for this concert are sure to sell out fast. They are \$20 for adults, \$10 for students, and free for children under 12. For more information please email <tickets@valleyfestival.ca>, visit <valleyfestival.ca> or call 433-9457.

New Artistic Director

Peter Morris has been appointed the new artistic director of the Ottawa Valley Music Festival.

Born and raised in Pembroke, Peter began piano lessons at his own insistence at the age of six, and although he and the keyboard never really got along, he did stay with it throughout his youth. He reached Grade 9 level Conservatory and even served a brief stint as church organist. His formative years saw him excel locally as a "boy soprano", and later as a violist.

A graduate of the University of Ottawa's Music Education program, Peter served as principal viola with Nepean Symphony and director of its educational activities for many years. When the Nepean Symphony disbanded in 1992, Peter and his family moved to Deep River. He has been the conductor of the Deep River Symphony since his arrival, conducted the Ottawa Valley Music Festival orchestra in its early years and the Kincardine Music Festival Chamber Orchestra, and has adjudicated music festivals in London, Kitchener-Waterloo and North Bay.

When asked about his new role with the Ottawa Valley Music Festival, he said "I could not be more thrilled. The quality of their musical repertoire is outstanding and I look forward to working with the Chorus, Orchestra and Board to continue to bring great music to the Ottawa Valley."

Peter's debut with the Ottawa Valley Music Festival will be in Arnprior in September.

Walk for Wellness at the CP Labyrinth

The journey of a thousand miles begins with a single step.
— Lao Tzu

Organizers for this summer's "Walk for Wellness" believe that the Carleton Place Community Labyrinth is an ideal place to take that first step. From 10AM until noon on Saturday, June 16, a variety of resources that promote a healthy mind, body, and spirit will be featured at the site of the labyrinth.

"Labyrinths are known to support healing, meditation and personal growth. And the labyrinth can be an ideal starting point for making a positive change towards a healthy lifestyle," says Debby Lytle, chairperson of the Labyrinth Committee.

In its long history, the labyrinth has been used as a spiritual tool that crosses all cultural and religious traditions. Today, public interest in labyrinths is increasing in response to the contemporary needs of our time. Labyrinths offer a special place for people to come together for significant celebrations, to resolve a problem, to enjoy a meditative walk, or to simply take time out of a busy day.

A gentle walk every day is one way of improving your overall health. Walking a labyrinth is a good example of a recreational activity that can be enjoyed by all ages.

Another dimension of this summer's wellness event will be a food bank drive. Healthy eating is key for good health and well-being. To help fill hungry tummies in our community, bring a donation of food for the Lanark County Food Bank. A listing of items urgently needed can be found on the labyrinth's blog <carletonplacecommunitylabyrinth.blogspot.com> and Facebook page.

The newly built stone-bordered pathway of the labyrinth is situated in a peaceful garden setting behind the Carleton Place & Beckwith Heritage Museum, at the corner of George and Baines Streets.

Completed last year, the labyrinth construction was made possible by the Town of Carleton Place, individual, business and community sponsors, and a Trillium Foundation grant. Garden benches and a wheelchair-accessible contemplation ring encircle the labyrinth for those who wish to stay awhile and enjoy the natural setting in Carleton Place's newly declared "Labyrinth Park".

Members of the volunteer Labyrinth Committee invite you to take a step towards wellness and experience the good feelings that walking a labyrinth can bring to your life!

— Karen Kiddey

WE'RE ODD & CURIOUS

Visit us this month to view the finest representation of "Odd & Curious" primitive currency we've handled in 20 years.

Alliance Coin & Banknote
88 Mill Street, Almonte 613-256-6785
www.alliancecoin.com

The **Millstone**

An intelligent and informed source of news for Mississippi Mills, Almonte, Pakenham, Ramsay and Carleton Place

FREE

www.millstonenews.com

C
COLLABORATIVE PRACTICE

Resolving Disputes Respectfully

Elizabeth Swarbrick
Lawyer
Mediator
Collaborative Practitioner

83 Little Bridge St.
Almonte
613-256-9811

www.familyfocusedlaw.com

The Carleton Place and Beckwith Heritage Museum

There is an historical treasure waiting to be discovered on the north side of the Town of Carleton Place — The Carleton Place and Beckwith Heritage Museum. Housed in a beautiful, two-storey, heritage stone building, this museum tells the stories of the town and of Beckwith Township.

The Carleton Place and Beckwith Historical Society was formed in 1979 to bring together people interested in the diverse historical heritage of the Town of Carleton Place and the Township of Beckwith. Their mission is to gather, research, preserve and present historical information pertaining to the region.

In 1988, with the support of the Town of Carleton Place, the Society obtained the former Victoria School building on Edmund Street as a permanent location for a local history museum. Erected in 1872, this heritage-designated building served the community of Carleton Place as the Town Hall and lock-up until 1879. It was then converted to Victoria Public School and used as such until 1969.

The museum houses almost 10,000 artifacts, including objects, textiles, photographs and archival material. Our mandate is to obtain articles relevant to the communities and individuals of Carleton Place and Beckwith County. We obtain all of our artifacts through generous donations by individuals in the community.

Permanent exhibits explore the founding of the area, focusing on the lumber industry, the development of woolen mills and the life of the early settlers. Prominent local families are featured, as well as exhibits on the

Findlay Foundry, Roy Brown, and the impact of the railway on the development of Carleton Place.

Our summer exhibit for 2012 is entitled “**A Pinch of This... A Dash of That**”. This food-based display explores the social history of food: growing, harvesting, cooking, selling, transporting and, of course, eating! Visitors will learn about the many grocery stores that have served the town throughout the years and can read over menus from local restaurants that have been long since closed. Bring Dad on Father’s Day to see our Hunting and Fishing exhibit!

We are now selling tickets for our **Strawberry Social** on Saturday July 14. Join us to enjoy fresh strawberries, live music and children’s activities in our beautiful gardens. Tickets are available at the museum. Look for our booth at the upcoming Beckwith Heritage Days on June 9, Lambs Down Festival on June 16, Canada Day at Riverside Park, and the Bridge Street Bazaar on August 4. We will have artifacts and photographs on display at all these events and hope to share our love of local history with everyone!

Plan to visit the museum and spend the day! The adjoining Victoria School Garden is maintained by the Carleton Place and District Horticultural Society and is a beautiful, cool oasis for a picnic lunch. Behind the museum is the Community Labyrinth to explore. All are invited to “Walk the Path.” Also on site is the Canadian Veterans Hall of Valour.

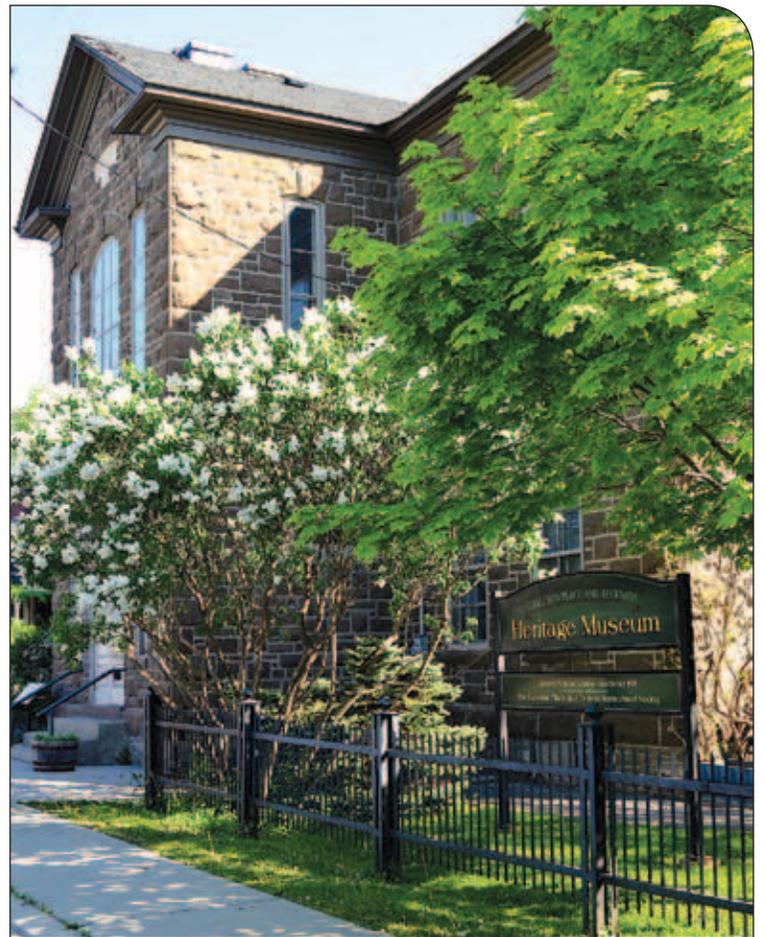
Thanks must be given to our dedicated volunteers, visitors and donors. We appreciate the

support of the Town of Carleton Place, the Township of Beckwith, and Young Canada Works. And we always welcome donations of artifacts, photographs and information!

Group tours are available by appointment. School visits can be tailored to the ages and interests of the students. We also provide outreach programming on various topics to local organizations and at community events. Admission is by donation.

We are located at 267 Edmund Street in Carleton Place. You can also visit us online at <cpbheritagemuseum.com> and on Facebook at “Carleton Place and Beckwith Heritage Museum”. Email <cpbheritagemuseum@bellnet.ca> or call 253-7013 for further information.

— Jennifer Irwin is the collections manager at the Carleton Place and Beckwith Museum



Downtown Carleton Place Has a Story to Tell!

If you are looking for farm-fresh produce and meats, homemade preserves and baking, as well as handmade crafts and artwork, then the **Carleton Place Farmers’ Market** is the place to be! Their goal is to have only local producers and craftspeople represented, giving you a taste and experience unique to Carleton Place. Their new location at Market Square (on the corner of Beckwith and Lake Avenues) offers plenty of space and ample free parking. Visit any Saturday from 8AM to noon between now and Thanksgiving, and you are sure to find great special events like Gardening Day, a Strawberry Festival,



Bridge Street Bazaar, Chili Cook Off, a Ham & Jam event, and many more.

Market Square, 7 Beckwith Street • www.cpfm.ca



Congratulations to **SRC Music** on being named the CP Chamber of Commerce 2011 Business of the Year! This full-service store sells instruments, music books and equipment, lighting and PA, and also offers repairs. Lessons for all ages and levels are offered in guitar, bass, vocals, piano, drums, ukulele and song writing. The fourth annual Summer Youth Rock Camp will run from August 20-24, with a special Friday night performance. Teaching staff includes Barry Buse, Brea Lawrenson, Bill Serson and Lisa King. For details on camp registration and music lessons, email srcmusiclessons@bellnet.ca.



124 Moore Street • 613-253-0263 • www.srcmusic.ca



There’s so much to do downtown!
For a complete listing of Downtown Carleton Place businesses, please visit:
www.downtowncarletonplace.com

For more information contact: cmcormond@carletonplace.ca or 613-257-8049


Petals and Paint
Wedding Florist
Freelance Designer
creative and unique designs
Grand Opening June 2
at 17A Albert Street Carleton Place
Experience the difference at Petals and Paint
Visit our website www.petalsandpaint.net
Open Friday & Saturday, 10-4 or by appointment



Summer Courses

Dance
Theatre
Painting
Sculpture
Writing

Much More....

150 Mill St. Carleton Place
613-261-6249
www.mississippischool.ca

Harwig Heritage
Carpentry
Neil Harwig 613-256-4798
cell: 613-715-3802
www.harwigheritagecarpentry.ca

Discover the Past with the Mica Festival

What do a restored mica mine from 1900, community theatre, and Voyageur canoes have in common? The Heritage Mica Festival brings all this and more to life this summer at Murphys Point Provincial Park.

The Friends of Murphys Point Park are excited to present an enhanced festival this summer, which begins on June 24 and lasts right through until the fall. Revolving around the Silver Queen Mine, the festival brings to life the period of the late 1800s into the early 1900s. It tells the story of the early days of mica mining in eastern Ontario, as well as that of the Lally family, who emigrated to the area from Ireland and established their homestead in what is now part of Murphys Point Provincial Park.

Voyageur Canoe Tours on Hogg Bay are featured in the opening day of the Heritage Mica Festival on June 24. The tours leave from the main beach of the park at 11AM and 1PM, with costumed interpreters on board to tell the story of the area's early settlers and their lives of subsistence farming and mining. Each canoe can accommodate up to sixteen people of all ages and everyone paddles. The canoes are fully equipped with appropriate lifejackets and safety gear, and training is provided at the start of the tour. "This tour was a fantastic experience. The interpreters brought history to life for my family and we all enjoyed being out on the water," commented one mother after a trip in the Voyageur Canoes last summer. Tickets for these tours are just \$3 per person or \$10 for a family of four. Advance tickets are recommended to ensure you are not disappointed — they can be purchased by phone at 267-5340 or email at <eventsmurphys@ripnet.com>.

Either before or after your Voyageur Canoe Tour, why not enjoy a fabulous **BBQ lunch** on the beach. The Friends of Murphys Point Park have become well known for their BBQs, which feature local food and include special kids' meals. Make a day of it and have a swim at the beach or check out the many hiking trails, the boat launch or the playground. Don't forget a stop at the park store for some delicious ice cream!

The Heritage Mica Festival has received support from Tay Valley Township, the Ministry of Tourism, Culture and Sport, and Ontario Parks, in addition to its many community partners. As well, over fifty members and volunteers from the Friends of Murphys Point Park are participating actively in the hosting of this event throughout the summer.

Other festival events include the exciting "Be a Miner for a Day", Lally Homestead Heritage Days, storytelling at the campfire pit, and the ever popular Spirit Walks, featuring outdoor theatre lit by the magic of mica lanterns. New this year is a unique dinner theatre experience, designed for



Be a miner for a day at this summer's Heritage Mica Festival! Events are scheduled from the end of June through to the fall at Murphys Point Provincial Park

adults, that includes the outdoor theatre, itinerant musicians, a trip into the mine, and dinner in the miners' bunkhouse. There are only two dates — July 18 and August 15 — and tickets are very limited. Advance sales are required a minimum of one week in advance. Full details on all festival events can be found by visiting <friendsofmurphyspoint.ca>.

All events at the park require a vehicle permit for entry. This can be a current camping pass from any one of the Ontario Parks, a summer or annual pass or a day use permit. Day use permits range from \$7 to \$14 and provide access to all the facilities at the park. Murphys Point is located just twenty minutes south of Perth on the Elm Grove Road and is classed as a natural environment park. Camping reservations are available at <ontarioparks.com>.



Like *theHumm* on FACEBOOK!



West Carleton Garden Club and Horticultural Society

Carp Garden Tour

Sunday July 8th, 2012
10:00 - 4:00 p.m.

Tickets \$15

Available from

RITCHIE FEED & SEED
2079 Carp Road, Stittsville

SCOTIABANK (CARP BRANCH)
438 Donald B. Munro Drive, Carp

CARP GARDEN CENTRE
153 Donald B. Munro Drive, Carp

RICHMOND NURSERY INC
3440 Eagleson Road, Richmond

THE HERB GARDEN
3840 Old Almonte Road, Ottawa

GREEN THUMB GARDEN CENTRE
17 Tristan Court, Nepean

Fundraiser for Carp Memorial Hall Gardens
<http://sites.google.com/site/westcarletongardenclub>



THE COVE COUNTRY INN

FOUR SEASONS RESORT & SPA
ACCOMMODATIONS · DINING · ENTERTAINMENT
WESTPORT-ON-THE-RIDEAU, ONTARIO
www.coveinn.com 613-273-3636

New Summer Food and Wine Menu!

Jun.2 **Buddy Holly Lives!** MUSICwestport Fundraiser, Buffet & Show, Reservations Only, 7-11
Jun.4 **Beer Dinner on the Patio!** Reservations Only, 6-9
Jun.24 Acoustic Blue Sundays presents **Steve Strongman**, Buffet & Show 6-10
Tuesday Locals Night 8-11
Jun.19 **Chris Murphy**
Jun.26 **Shawn McCullough & Mike Cochrane**
Thursday Jazz Night with **The Spencer Evans Trio** feat. Jeff & Seamus Cowan 9-11
Saturday Nights with **Kevin Head and Miss V** 6-9
Sundays on the Patio with **Kevin Head and Miss V** 12-3

A Natural Alternative to Botox!



Dr. Michaela Cadeau,
Doctor of Chiropractic

Facial Rejuvenation Acupuncture (Non-Surgical Face Lift)

Based on ancient principles of Chinese medicine, Cosmetic Acupuncture reduces the signs of aging by revitalizing the skin. This safe and non-surgical procedure increases circulation and stimulates collagen production, rejuvenating facial tissue. This gives the skin more tightness and elasticity, and helps to reduce sagging or puffy skin and wrinkles. There is no risk involved with this procedure, no downtime from work, and no side effects.

Call by June 30 for your free consultation.

Reduce Double Chin • Eliminate Puffy Eyes
Tighten Pores • Eliminate Fine Lines
Raise Drooping Eyelids • Reduce Frown Lines

Bring out your inner beauty

Hands on Healing
125 Bridge Street, Almonte, 613-256-0272
handsonhealing@on.aihn.com

PPAC Presents A Musical Medley

The Perth Performing Arts Committee (PPAC) proudly presents their eagerly anticipated 2012/13 season. The line-up features solo artists, bands and even orchestras, and runs the gamut of musical styles! Here's an overview, *da capo al fine*.

Spiritoso... On Friday, September 28, experience the spirited singing of **Kim Stockwood**.

While Kim's world spills out well beyond the shores of Newfoundland and Labrador, she is anchored heart and soul to that place. She seeks out what is special there and searches for a voice that will reflect her longing and love for the province. She has certainly captured that voice with her new CD *Back To The Water*.

Kim is an accomplished artist on many fronts, from singer to songwriter to television host and radio personality. Her hit songs, her awards and accolades, and her solo work have all contributed to her maturing as an artist. As the Calgary Herald enthuses: "Stockwood's meteoric rise to fame has become the stuff of Canadian music industry legend."

Vivace... To describe a performance by **Louise Pitre** as "lively" is definitely an understatement. You'll want to hang on to your armrests when Canada's first lady of musical theatre takes to the stage on Friday, October 19. Receiving a Tony nomination for her Broadway debut in the smash hit *Mamma Mia!* was just one highlight in a career that spans theatre, television and concert stages across North America and Europe.

Louise is also known for her signature performances as Fantine in *Les Misérables* (Toronto, Montreal and Paris) and the title character in *Edith Piaf*. She has won numerous awards and guested with orchestras across Canada. Louise appears in concert regularly throughout North America with accompaniment ranging from big band to solo piano, and she is sure to set the Perth stage on fire!



This year's PPAC series features performances by Louise Pitre (above), Sagapool, Kim Stockwood, and others

Bravura... For nearly forty years, the **Toronto Symphony Youth Orchestra** (TSYO) has been dedicated to providing superior orchestral training for dedicated and talented young musicians. TSYO is a

high-level orchestral training programme for talented musicians aged 22 and under. Alumni are found in virtually every major performing organization in Canada, and many have embarked on successful solo, chamber, and orchestral careers worldwide. On November 23, they will bring their skilled performers to Perth for an evening of great orchestral repertoire.

TSYO has toured extensively within Canada and abroad. With a commitment to performance excellence, they are regarded as one of Canada's leading training orchestras, and rank as one of the top youth orchestras in North America.

Allargando... With her big voice, big sound, and a big brand-new record (entitled *Broad*, for reasons that will become clear to the Perth audience on March 22), **Treasa Levasseur** is the type of old-school dame who can get away with wearing a three-piece suit and hold her own with the gents. Her third full-length album represents both a return to her roots and a gutsy move into uncharted territory. "There were a few reasons for naming the record *Broad*," she explains. "First and foremost, in the movie of my life, I've never been the ingénue. If I were a Hepburn, I'd be Katherine, not Audrey... I'm a lot more interested in being smart than I am in being cute."

Broad is a remarkable collection of new songs that are sometimes playful, sometimes vulnerable, occasionally in your face

— and always sincere and deeply felt. Levasseur's band, The Daily Special, features Champagne James Robertson on guitar, Paul Reddick on harmonica, drummer Brad Hart and bassist Brian Kobayakawa.

Capriccioso... Described as "the great wild North", the six-piece band **Sagapool** promises to bring tales of raucous romps and wintry meditations to life on their new eponymous album and corresponding North American tour. Their whimsical mix of good-natured shenanigans, striking musical skill, and Northern thoughtfulness will reach Perth on April 12.

As the accordionist and clarinetist jammed together to *The Godfather* theme in the halls of the conservatory, they knew exactly what they had to do: start a klezmer band. But what happened was a completely different story. Joined by a whole family of other instruments, Sagapool went from Balkan and Gypsy-inflected impromptu shows on the summer streets of Old Montreal to crafting acoustic original instrumentals as a six-piece band — one so in synch that it's no surprise when the guitarist jumps up to join the bassist for a thumping four-handed riff. It's a gang of good friends and relatives sharing long, winding stories (the sagas in Sagapool)—but with stunning chops.

All PPAC shows start at 8PM in the Mason Theatre at Perth & District Collegiate Institute. Both season and single tickets are now available from Tickets Please — visit <ticketsplease.ca>, call 485-6434, or drop in at Jo's Clothes, 39 Foster Street in Perth.

2012

Heritage Mica Festival

FRIENDS OF MURPHYS POINT PARK

- A variety of outdoor cultural experiences throughout the summer!
- Experience outdoor theatre on the Silver Queen Mine trail lit by the magic of mica lanterns.
- Visit the Silver Queen Mine, one of the Seven Wonders of Lanark County, and "Be a Miner for a Day".
- Sign on for a tour of Hogg Bay in the Voyageur Canoes.
- Take a trip back in time at the Lally Homestead.
- Participate in an exclusive Dinner/Theatre experience or choose the unique two day Culture, Crier and Canoes experience.






Details of dates, times and entry fees can be found on our website.
Advance reservations are recommended as many events sell out in advance of their scheduled date.
Contact us at: www.friendsofmurphyspoint.ca - 613-267-5340 - eventsmurphys@ripnet.com



What's New at fieldwork

A dust cloud plumes up behind a car as it passes by on the gravel road. The dust comes to rest and the sounds of birds and insects ease back into focus. The land under a blue sky smells of birch, pine and grass. The sun shines down on this field — a field like any other. Or is it? Maybe there's something more here — perhaps this place is different.

In fact, what makes a place different may in part depend on the level of investigation, curiosity, observation and imagination that is directed towards it. The experience of this particular place is a thread that runs through the three new art installations that opened at *fieldwork* at the end of May, and run through to the beginning of September.

An artist and landscape architect from Vancouver, Sylvia Pendl's *Old Brooke Rd. Old Field: An Incomplete Field Guide and Self-Guided Tour* illuminates the natural flora and fauna within the field, encouraging a closer look at the relationships found there. Through reference to familiar pedagogical tools — field guides, interpretive signs and roadside attractions — the field becomes a point of interest... not "just an old field."

Artist Barbara Meneley, currently a PhD candidate in Cultural Studies at Queen's University in Kingston, has created *Landmarks*. Objects made from birch bark found on site invite visitors to explore and walk, by day or at dusk, and to contemplate the various histories of the place, the cycles of life over thousands of years and the people who have walked here before.

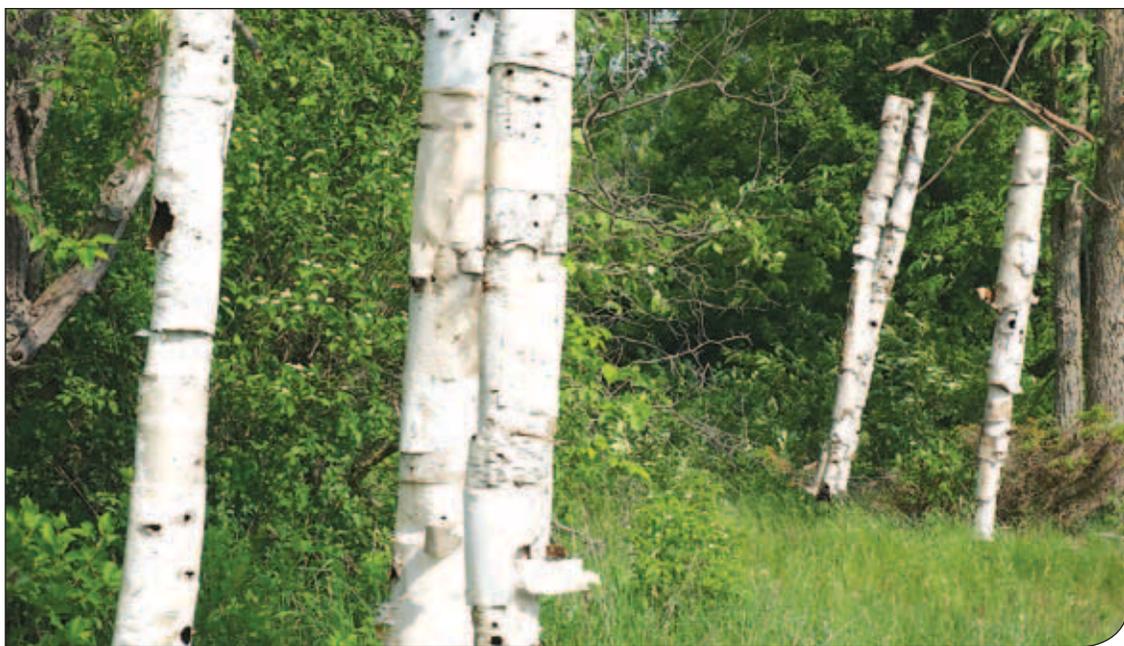
Local resident and artist Susie Osler's work, *Part Lot 18, Concession 6*, consists of the skeleton of a small timber frame barn that she and her partner have made. The work, which investigates the local history of the farm and its locale from the time of the early European settlers, began with the raising of the

timber frame structure on opening day (May 26). Objects and archival material will be added to the frame (which will remain uncovered) throughout the summer, alluding to the incomplete process of fabricating history and the effects of time on its interpretation. A companion blog is being developed at <partlot18concession6.tumblr.com>. Public participation, in the form of stories, objects, photos and recordings, is most welcome. Send an email through the blog or to <fieldworkproject@gmail.com> and Osler will incorporate it into the installation. Alternately, you can simply bring it to the site and leave it in the box in the structure.

Also of historical, as much as visual, interest is the newly built sheep fence at *fieldwork*. Master builder of heritage fences in Lanark County, Scott Dobson, recently spent a day leading a fence-building workshop at *fieldwork*. Good fun and good learning was had by all and a beautiful fence was created!

The *fieldwork* Collective was formed in 2008 to develop and coordinate an ongoing free, public art space in a rural location. The collective members are Barbara Meneley, Chris Osler, Chris Grosset, Erin Robertson and Susie Osler. It is located in a field close to Maberly (near Perth), at 2501 Old Brooke Road. Now celebrating five years of presenting thought-provoking, imaginative art by artists both local and "from away", the site is welcoming visitors to explore the spring/summer exhibition. Come out with friends and family. The site is open year-round, free of charge.

The Collective thanks the Ontario Arts Council for its support — it has helped to make this event possible. For information on *fieldwork* and its location, see <fieldworkproject.com> or contact Chris Osler at <chrisosler@rogers.com> or 796-8086.



As part of this summer's *fieldwork* exhibit, Barbara Meneley has installed hollow sections of birch that hang like mobiles and move in the wind

What's On In Westport?

On Saturday, June 2 at 8PM, the Westport Arts Council presents *Buddy Holly Lives* — a rock and roll concert commemorating Holly's final tour in 1959 — at The Cove. Tickets are \$50 per person and include the show and a buffet dinner. For more details, visit <westportartscouncil.ca>.

The **Westport Antique Sale**, now in its 20th year, returns to the Westport Community Centre (corner of Spring and Concession Streets) on Saturday and Sunday, June 2 and 3. Check out their antiques, nostalgia and collectables from 10AM to 5PM on Saturday, and 10AM to 4PM on Sunday. Entry is \$5, or \$4 for seniors and \$7 for a weekend pass. And you won't starve! Rideau Vista Public School hosts a canteen on site.

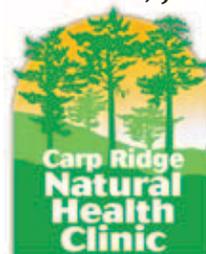
On Saturday, June 16, from 9AM to 4PM, enjoy live music, a farm and craft market, heritage displays, a petting zoo and Rideau District Museum Tours — all parts of the **Westport Heritage Festival**. This festival features a select group of quality vendors offering arts, crafts, gifts and food. A kids' play area includes fun activities, the petting zoo, face painting and balloons by the Shriner's Clowns. A BBQ runs from 11:30AM to 1PM. For further information, contact Brian at <brianjudge@live.com>

Carp Ridge Natural Health Clinic

Saturday, June 23rd

- 1:00PM:** "Natural Weight Loss" talk with Kealy Mann, N.D.
- 2:30PM:** tour of the clinic
- 3:00PM:** movie: "Living Matrix" the revolution in alternative healing www.thelivingmatrixmovie.com
- 4:30PM:** discussion, tea & snacks

Next Mind-Body Healing Talk:
Thur., Jun. 21, 7-8:30PM. \$20 at door.



PLEASE RSVP!
Call 613-839-1198

2386 Thomas Dolan Parkway, Carp,
just up the hill from where Thomas
Dolan intersects with Carp Road.

www.ecowellness.com

MILL STREET CREPE COMPANY

Some prefer sweet.
Others, savory.
All we know is, we prefer crepes.

Now open every day for lunch
& Thursday through Saturday for dinner.
Find our NEW spring menu online.

Talk to us about hosting your private function in our beautiful Heritage Court space.

14 MILL STREET . ALMONTE . 613-461-2737 . MILLSTREETCREPECOMPANY.COM



Almonte ANTIQUE MARKET

at 26 Mill Street, Almonte

With 35 vendors in a 5000 sq. ft. two storey heritage building of treasures, you'll find: furniture, antiques, retro, vintage, reproductions, along with a variety of collectables, paintings, folk art, lighting, and more...

It's a buyer's delight at country prices!



Open daily
from 10AM-5PM

613-256-1511

www.lachapelleantiques.com

I'd Divorce Me (A Social Commentary)

I love my wife.

I should stop there, but I can't. Why? Because I'm a dude... and men, let's face it, we're not all that bright. I don't mean to throw stereotypes around like seeds to the field but truly, when it comes to women, our track record is less than stellar.

So here's the thing, and please for the love of god don't tell the lovely and talented this, but knowing what I know now compared to

by Steve Scanlon

what I knew when I first met my wife, I would divorce me in a heartbeat.

Guys out there, you know I speak the truth — you know you are not worthy. We're not. And it's a fact we need to face. We would divorce us — just admit it and move on. To say otherwise is just denial, and I'm not talkin' the river in Egypt.

Stick with me on this one. I met my wife when I was not only gainfully employed but making the proverbial good buck. The future was golden. I was working night and day, but we were young

and energetic and the lovely and talented stuck with me. Did this satisfy me? No. Why? I'm a man, and as a man I cannot view happiness with any kind of reasonable logic. I see the grass is always greener on the other side of the fence. What they don't tell you is that the reason the grass is so much greener there is that the water bill is so much higher and bulls crap there.

So, let's move forward a few years and throw away that good job with good pay and move to a new town and start a new venture and let's call this venture a bookstore and let's call this bookstore the dream and let's take this dream to a small town in a place called paradise and let's build a new life there with the lovely and talented and let's assume, for the moment, that the lovely and talented is okay with this idea because she loves me and the thought of divorce has never crossed her mind even though, amongst other reasons, at times my sentences tend to run on and for this reason alone she should call up that lawyer and start the paperwork rolling — I'm fairly certain this is grounds.

So, let's also throw caution to the wind and call this a perfect time to start a book-

store, what with the big box stores taking over a huge chunk of the market, the internet eating up the market that was left, and e-books just sitting there on the horizon ready to pounce on any stragglers... Why wouldn't a perfectly sane person decide to open a bookstore, in a small town. Livin' the dream baby... Livin' the dream.

Apparently the good job with good pay was not in the financial investment field or any field with anything but dead brown grass. But I digress...

At this point, what I should have heard my wife saying was: "Honey, do you remember the name of that divorce lawyer the Smiths used?" What I actually heard was: "You love this, I love you — keep trying." I would *so* divorce me.

What I should have heard was: "I married Mr. Right, I just didn't know his first name was Always." What she said was: "If it doesn't work, we'll try something else."

I love those words: "we'll try."

So, let's move forward a few years to a time when the bookstore is a distant memory and I should have been in divorce court divorcing me.

Warning: the following is a social commentary based on recent events as described by the Canadian media. Discretion is advised and wholeheartedly endorsed.

Our cab driving, hockey refereeing federal Minister of Finance Jim (I've got a job) Flaherty would be so proud that I was happy to get a job involving dirt, grease, heavy lifting and a fantastically small salary and absolutely no benefits.

Let's stop here for a few minutes — bear with me, this is important. Jim, Baby — listen up. Your average Canadian is not lazy. There are exceptions to every rule but, overall, Canadians, and this includes the unemployed, want to work. They want the good job with good pay but when circumstances change their world, they change with it. It's called rolling with the punches and we're good at it. They take the dirty, greasy, heavy lifting, fantastically small-salaried jobs with no benefits that you, my gainfully employed friend, wouldn't touch with a ten-foot politician.

Speaking of which, watch as I quietly step down from my soapbox. And thus endeth the social commentary portion of this article. Maybe.

So, now, I come home tired, dirty and just a tad grumpy. The lovely and talented listens to the complaints, helps me clean up, and helps pick up my lagging spirit (I'm speaking metaphorically here, people — she actually wouldn't be caught dead washing my hands and truly my lagging spirit isn't all that heavy, but you get the general gist) and she never mentions the word divorce. She should — lord knows *I'd* divorce me. Oh, and Jimmy — may I call you Jimmy? — at the end of the day, I come home and my wife still loves me, my kids still hug me, and I'd work any job, any day of the year, just to have that. I'm not doing it because the employment insurance rules change faster than my mind. I'm doing it because I'd divorce me in a heartbeat. Oh, and Jim — dude — you should be this lucky.

So, let's also throw caution to the wind and call this a perfect time to start a bookstore, what with the big box stores taking over a huge chunk of the market, the internet eating up the market that was left, and e-books just sitting there on the horizon ready to pounce on any stragglers...

Prepare to
Sizzle with Style
this Summer



in Eyewear from
The Almonte Spectacle Shoppe

Providing prescription glasses, contacts, and sunglasses, with the expertise of our Licensed Optician. See all that Summer has to offer, as you receive Spectacular Small Town Service!

| | | |
|-------------------------|--------------------------------|-------------|
| 10 Houston Drive | Mon, Tue, Wed & Fri | 9-5 |
| Almonte | Thursday | 10-8 |
| 613-256-7431 | Saturday | 10-2 |

May long weekend was only the warm up.



Bring on summer gardening!

Now that you've got your finger nails dirty and your gardening feet wet, time to come in and see what else you can find to make that garden grow.

Ready, set, garden!
Reid Gardens is here to help.

Transform your garden in a weekend.

- 4" Annuals from \$2.99**
- Perennials from \$8.99**
- 2 Gallon Shrubs from \$14.99 and more!**

We are OPEN.
Weekdays 9am to 6pm
Weekends 9am to 5pm

Find us on Facebook/Reid Gardens



142 Pick Rd, Carleton Place / reidgardens.ca / 613.253.3467

The Town of Mississippi Mills is proud to support

The Art of Summer Festivals



mississippi mills
**BICYCLE
MONTH**

June, Mississippi Mills

A month of bicycle-inspired events; join us for themed tours, films, polo, and an opening weekend grand prix. Prizes to be won and fun activities for all ages!

www.mmbm.ca



Almonte Celtfest

*July 6-8,
Almonte*



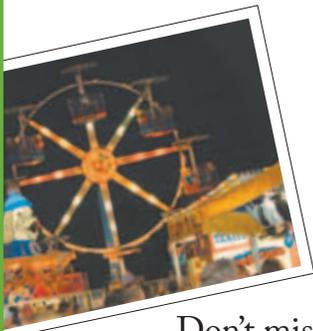
Three days and nights celebrating the Valley's Celtic roots, culminating in music, song and dance in Gemmill Park on July 7 & 8. Admission by donation.

www.almonteceltfest.com



July 20-22, Almonte

Don't miss the 154th Almonte Fair, featuring the "Dirty Dishes" on Saturday evening. Midway, livestock shows and homecraft displays all weekend, and Demolition Derby Friday evening. Great family entertainment. www.almontefair.com



International Puppet Festival

August 11 & 12, Almonte



Ten terrific puppet troupes from Canada and the world perform in tent theatres, while on the street you'll find musicians, clowns and a puppet parade! www.puppetsup.ca



Naismith 3 on 3 Basketball Festival

August 11, Almonte

The largest 3 on 3 tournament in Eastern Ontario welcomes elementary and high school as well as ladies' and men's teams. Register online or come watch the fun! www.naismithmuseum.com

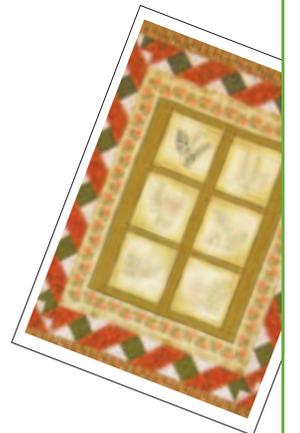


FIBREFEST

*September 8 & 9,
Almonte*

A two-day festival of the Fibre Arts! \$5 admission includes demonstrations, vendors, performances, quilt exhibit and Button Mania.

www.mvtm.com



29th NORTH LANARK HIGHLAND GAMES

August 25, Almonte

Join in celebrating Scottish culture and the heritage of the Ottawa Valley with pipe bands, dancers and athletes.

www.almontehighlandgames.com



For more information, please call 613-256-3881, or visit www.exploremississippimills.ca